

SWEEP

VOLUME FIFTEEN • JULY 2015

THE WASHINGTON ROWING MAGAZINE



FIVE IN A ROW

W
ROWING

Purple & Gold PAC-12 Showdown

The men and women Huskies put on an impressive display of power at the PAC-12 Championships in May at Lake Natoma.



Washington men's rowing won its sixth consecutive Pac-12 Championship and 31st overall, sweeping all five of the men's races at the conference championships on Sunday, May 17, at Lake Natoma, CA. The UW women were also very impressive, taking first place in the varsity four, third varsity eight and second varsity eights on its way to a second-place overall finish at the Pac-12 Conference Championships.

The Husky men scored the maximum 72 points with their five first-place finishes. The beginning of the last race looked as if Cal might win, but a late move pushed UW ahead and they finished with an open-water margin of victory with a time of 5:44.6 to Cal's 5:48.65 for their sixth straight conference title.

"Our varsity eight showed some real guts with that win," UW men's head coach Michael Callahan said. "We stuck with our race plan even when we were down early. We didn't panic, we just trusted our training and the work we've put in."

The Husky women took second in the overall point standings. The varsity eight finished in third in its race behind Cal and Stanford, landing UW on the silver podium. The Bears took the team conference championship.

The women's efforts didn't go unrecognized by their coach, who knows these ladies have a lot of races ahead of them. UW women's head coach Bob Ernst said, "Those victories show the quality and depth of our team from top to bottom, and we've got a bright future."



Dear Supporters,

First of all we want to congratulate the men's team on their unprecedented fifth straight national championship. We've seen the program building towards this and we couldn't be prouder to experience this historic moment. We are also extremely pleased to see the strides the women's team is making to get back to the top. We congratulate the coaches and their teams for their amazing success this season.

The July edition of SWEEP affords us the opportunity to thank everyone once again for their unwavering support of the program. This past year was another successful one on many fronts. It really requires a partnership and commitment from everyone associated with the program to reach these types of goals. The Athletic Dept., coaches, student-athletes, Stewards Board, and an extended group of alumni, parents, and friends of the program all pitching in to make it work.

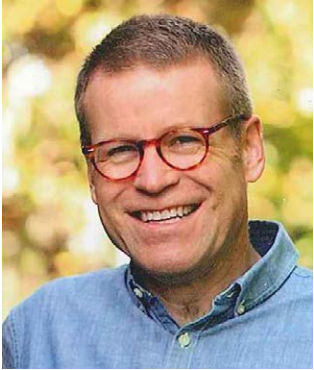
As co-chairs, these past two years have been rewarding. We set out to focus our energies and resources on supporting the coaches and helping them do what they do best, being on the water and close to their student-athletes. We've made good strides as a Stewards Board in tackling some of the subjects that take the coaches away from their top priorities.

We think it's a healthy practice to have rotation in the various committee assignments and chairs. We're excited that Jane Powers and Trevor Vernon have agreed to take the helm as co-chairs starting this fall. Jane rowed at UW from 1981-1985, and has sold residential real estate in Seattle for Ewing and Clark Inc since 1988. Trevor rowed at UW from 1988-1992. Since then, he has been running a publishing company.

We're excited about the program's current position and what is possible going forward. We're looking forward to continuing to serve on the board to support future initiatives.

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Blake Nordstrom



John Kueber



Sincerely

John
John

Co-chairs
Washington Rowing Board of Stewards

Built to Last

By Bob Ernst

My mantra for this season was simply – “Help these athletes get as far as possible this year!”

Our goal was to get all three boats (V8, 2V8 and V4) into the finals. We knew that if we could accomplish that, we would have a great chance of getting the TEAM onto the podium. The top four teams reach the podium at the NCAA Regatta.

WE MADE IT!

This year's NCAA Regatta was the most competitive regatta that I have ever seen. There is an enormous amount of parity between the teams, and seven different teams had a first, second or third place finish in the three NCAA Championship events with only Brown and Ohio State finishing in the top three in two events.

Our 2V crew earned a bronze medal this year and was our highest finishing and most improved crew – advancing from 10th place in 2014.

The heats were like finals of the past and crews were eliminated by hundredths of seconds. To say that the regatta was exciting from start to finish would be an understatement! There were only 4 points separating 2nd though 4th place – Ohio State 126 points, California 114 points, Brown 112 points, and Washington 110 points.

The Washington women fought hard and earned their spot on the podium this year, and all with a fairly young and inexperienced team. Three athletes returned from last year's varsity boat and there were only four seniors on the NCAA Championship squad. Two in the Varsity VIII – Fiona Gammond and Liz Vogt, and two in the Varsity Four – Giuliana Chilczuk and Hannah Lukanuski.

I am so proud of this TEAM and my wonderful coaching staff – Conor Bullis, Colin Sykes and Zoe Vais! Our progress has not been straight up over the last eight years, but we are



getting there. The NCAA Championship is in sight and our system is “Built to Last.”

Am I excited about next year? You bet! I can't wait for September because almost all of this year's racing TEAM will be back. Several of the women will have another summer of international competition under their belts, and our recruiting class is outstanding. Stay tuned....

BOOM!

Drive for Five

By Michael Callahan

This year saw Washington Rowing achieve incredible success. The fifth consecutive gold medal in the Varsity Eight, the sweep of the heavyweight events and our ninth consecutive Ten Eyck Trophy at the Intercollegiate Rowing Association National Championship Regatta doesn't tell the whole story about this team and the pressure of what it took to do something that hadn't been accomplished before.

With all of the success this program has seen in recent years, winning, by itself, doesn't always seem special. Earlier in the year, these seniors told me that there were two things that really motivated them: They were excited about the op-

merit-based selection, and giving opportunity to those who earn it first. This allowed us to capitalize in the end with the full buy-in of our students-athletes.

We took all 13 seniors in the program to the IRA Regatta where they all earned a gold medal on the last day they rowed for the University of Washington. Winning the fifth consecutive Varsity 8 National Championship Title and ninth Ten Eyck Team Point championship are both record breaking and seem to top off what are already arguably the best years in our program's history.

Not only are they performing on the water they are leading the group academically. All 13 seniors graduated in June. The men's team, as a whole, put 26 student-athletes on the Pac-12 All-Academic teams. Nine of them were selected for the first team, which along with the total of 26, is more than any of our Pac-12 rivals including Stanford and California. Their academic pursuits are impressive, ranging from bio-engineering to business. This team takes on challenges everywhere in their lives to achieve excellence.



portunity to break a record with a fifth consecutive win in the Varsity Eight at IRAs and they wanted to do it with their friends. They told me that they would embrace the most obvious moto, Drive. To me, this was a display of remarkable maturity, character and ability to embrace the moment.

The team had some hard days in the autumn and winter which shaped its resolve and character. Dropping a few races was, in the end, healthy for the longevity and success of the team. As one person once said to me “never waste a good crisis.” We didn't waste any opportunities to take steps forward. We stayed true to our core principals of hard work,

It was especially sweet winning this year, not just because of the fifth consecutive and historic win. We won with our seniors. They did it right. We have facilitated the development of high-level men and women that understand the virtue of hard work, perseverance, seizing opportunities when they arise, staying in the moment and self-sacrifice for a team.

We will continue to adapt and evolve the program to stay competitive and operating at the highest level.

Thank you for being in our boat and driving us to the finish line. It took our collective Drive to win in 2015.



The Details Make All the Difference for UW Men's Crew

By Mason Kelley
GoHuskies.com

When a team strings together championships like the Washington men's crew program it is natural for people to look for the secret to success. What is the recipe? How do the Huskies create that special set of circumstances that allows a group to dominate their sport at the highest level for five consecutive years? Coming off an unprecedented fifth straight title at the IRA

National Championships, those looking for the one thing that separates the Huskies from the rest of the nation's programs will find their search unsuccessful. Why? Well, the simple answer is it takes more than one thing to assemble a perennial power.

The process starts with a goal that builds into a system. It takes an athletic department that creates an environment to fuel success. It takes a facility like the Conibear Shellhouse. It takes the proper assistant coaches, a supportive – and engaged – alumni network and the right group of student-athletes developing in the program.

It is impossible to pinpoint one reason for success, because as far as coach Michael Callahan is concerned, there are “thousands of pieces” that made this process possible. This recipe has been crafted throughout Callahan's time with Washington, assembled piece by piece as the Huskies “were climbing the mountain” and reinforced as the program found a way to stay there year after year.



The record breaking Husky team that captured a fifth straight IRA National Championship.

Callahan's staff answered questions about the proper culture and training regimen, the best way to bring in the caliber of kid that fit the demands of elite collegiate rowing, an athlete willing to work as hard as he can for as long as is necessary, all with a smile on his face. Washington has created an “ethos” that endures. “We are constantly striving to improve and optimize

every facet of our program.” Callahan said. The Huskies' recipe requires even the smallest details be properly executed. They put the washers and bolts on the boats the right way.

They carry their oars the right way. They always wear their uniforms the right way. “We're always stressing that the details matter, the process matters,” Callahan said. “We do believe it. We have this formula we run and the guys start buying into that.” The process starts with identifying recruits who fit the culture. Then they spend a year learning in the Huskies' freshman program. After that, they begin to work their way toward the varsity eight.

But, even after an athlete reaches the pinnacle, their spot in the boat is never secure. “We make things very competitive here,” Callahan said. “You aren't selected here on your pedigree of what you've done last year. It's what you're doing now.”

After five straight national championships in a program that has won 18, the Huskies fight complacency through constant competition.

“Guys who aren't in the varsity are still fighting for it and will get their shot eventually,” senior Eric Ledbetter said. “You don't have hot shots who come in for one year and burn out, because there's always a guy to step up.”

The goal isn't to punish those who aren't hitting peak performance. It is a system of ranking and rewarding those who put the program in the best position to be successful.

“The boat can flip a lot,” Callahan said. “There's a lot of upward mobility. Your hard work is always rewarded. That's a really important piece. Doing things right is really important.”

To find success at Washington it takes people who are willing to take the harder road to do something exceptional. They have to be hyper competitive with incredible drive and work ethic to match. And they have to get their work done with the right energy.

Those who fit the profile and embrace the process become the leaders of the team. “They're the hardened, entrenched guys,” Callahan said.

“Sometimes that drama just makes it even better in the end.”
- Eric Ledbetter, senior

“They've made it. We get a special spirit out of our seniors.” “In the last month, seniors seem to bring an extra energy and be the key team leaders regardless of what boat they are in. We really rely on them at the end of the year.” Even though Washington can recruit elite talent they rely on the four year development process. Standouts like Eric Ledbetter and Henry Meek have watched the Huskies celebrate national championships each year of their college careers. “You want to keep the winning ways going,” Meek said. “You want to leave the program in a better way than you came into it. Ultimately, you don't want to leave on a losing note, so you've got to find a way to keep making sure the guys around you and everyone else is bringing up the speed of the boat,” he commented going into the IRA's. This hasn't been the easiest season for the Huskies. They dealt with injuries early and then suffered losses to Cal and a skilled team from New Zealand. The adversity makes the late-season success even sweeter for the rowers in the program.

“This year has been really exciting and a little scary at times,” Ledbetter said. “Sometimes that drama just makes it even better in the end.” “With a history as storied as Washington's, it feels hard sometimes to stand out as a class when the standard is winning everything,” Ledbetter said. “But that's how you make an impression, your team really pushing to the end.”

And push to the end they did, in a dominant fashion to claim their fifth straight IRA title. Callahan believes the most successful enterprises are those where everything is run well. Whether broad strokes or minutiae, “it's about lining up all the details,” he said. Meek added, “There are lots of different pieces to the puzzle and you have to bring all those things together.” The Huskies successfully assembled the puzzle pieces for an unprecedented fifth straight time and will go down in history as the picture of true champions.

Huskies' varsity eight's winning margins the last five years at the IRA National Championships:		
Year	Winning margin	Second place team
2015	2.8 seconds	California
2014	2.5 seconds	Brown
2013	2.5 seconds	Harvard
2012	2.0 seconds	Brown
2011	2.7 seconds	Harvard

Erin O'Connell: A Natural Leader

By Amy Anderson

“It was just this amazing, amazing experience,” Erin O'Connell, '96, says about coxing her first Windermere Cup when she was a sophomore in high school. It's what ultimately convinced her to drop her childhood dream of attending Cal or Stanford and become a Husky.

O'Connell was looking for a school where she could get a good education and also row. She originally wanted to be a sports writer so she was cross-referencing good communications schools with good rowing programs. In the end it came down to Cal and the UW, but it was really that first Windermere Cup when she knew “that's where I'm going to go to school!”



Erin O'Connell (center) helped present the coveted “Simpson Cup” to the Bears women's crew at this year's Cal Dual. The Simpsons have been long-time supporters of Washington Athletics – especially football and rowing – and are O'Connell's adopted Seattle family.

O'Connell grew up in San Francisco, the daughter of a police officer. Her first experience in a rowing shell came at the age of 12. The San Francisco Police Department had a rowing team, and occasionally on the weekends she would cox their practices. She had never coxed before but it was “pretty basic stuff,” she says. “I was making sure they didn't run into the shore and getting them out on the lake.”

From that experience she knew she wanted to row in high school, and ultimately college. She joined the Pacific Rowing Club, a Bay Area conglomerate for high school kids who want to row. It was there that “I really caught the rowing bug in a great way,” O'Connell says.

As a freshman in high school O'Connell tried rowing, but lasted about a month before she was told she was too small. Her coaches knew she had done some steering and they

asked her to be a coxswain. She was thrilled with the opportunity to lead in this way, and she's never looked back.

These early experiences seemed to set O'Connell up for a lifetime of leadership.

From her successful run as a coxswain for Washington from 1993-1996 to being an assistant women's crew coach at UW from 1997-2003 to her current post as the first woman athletic director for Seattle Pacific University for the last seven years and the first female to chair USRowing, O'Connell has an exceptional, one-of-a-kind track record.

She coxed the Huskies to three Pac-10 Conference championships and collected a bronze medal at the 1995 Collegiate National Championship Regatta. As a senior, O'Connell was the team captain (alongside Michael Callahan who was the men's captain) and a Pac-10 All-Conference selection.

She's put in a lot of hard work and looked for opportunities to educate herself along the way. But she really credits Jan Harville and Bob Ernst with getting her to where she is today.

“Where I am today is largely due to my experience with Bob and Jan and the work I did as an assistant coach,” she says. Jan gave her a lot of opportunity over who she was coaching – like working with the team at the Royal Henley Regatta in 2000 – the first time women were allowed to row the historic regatta.

Bob Ernst remembers O'Connell clearly when she came to UW as a freshman. “I really liked her right from the beginning,” he said. “She's just on fire. She's got a lot of energy and she doesn't have boundaries and she's good. She's really good. She's showing other gals that there aren't any limits.”

O'Connell also acknowledges the role her family has played as well as what she learned as a student-athlete: “The resilience and the time management and the learning to deal with wins and losses and the commitment to a whole bunch of other people prepares you for a career in general and certainly in college athletics. What I'm doing right now isn't that much different than being a team member and being a coxswain. Now I just have a different title. I've been telling people what to do for a very long time,” she says with a laugh.

“Now it's just in a different seat. All of my coaches (at SPU) are team members and we have to make the boat go together.”

Behind the Scenes at Windermere Cup Week



Bob Ernst likes to say the Windermere Cup is “One of the great spectacles in rowing.” It's also a great opportunity to bring world-class competition to the Northwest and give the rowers the chance to perform in front of the great Seattle rowing community. In addition to the Windermere Cup races there are several other events and spectacles that make Windermere Cup Week a truly unique and rich experience for our student-athletes and our community. Here's a behind-the-scenes look at this year's events.

Day of Service

Fifty-six fifth graders from Martin Luther King Jr. Elementary spent the Wednesday before Windermere Cup at the UW for the annual Kids Crew event. Rowers from UW and New Zealand talked to the kids about the importance of healthy eating, exercise and higher education. And the kids even got to try rowing!



Media Cup

Teams from Seattle TV stations KOMO 4, KING 5 and Q13 Fox came together the Thursday before Windermere Cup for the fourth annual Media Cup challenge. Team KOMO, led by their captain and sports director, Mike Ferreri, took home the trophy for the third year in a row. Each of the teams also received a monetary award to donate to their charity of choice for participating.



Athletes' Dinner

On the Friday night before Windermere Cup, the rowers from all of the competing teams and members of Windermere Real Estate came together at Conibear Shellhouse for the annual Athletes' Dinner. This year's event included the christening of the new “John W. Jacobi” shell in honor of Windermere's founder and the man who conceived the idea for Windermere Cup back in 1987.



Windermere Cup

Windermere Cup Week culminated with fierce racing on Saturday, May 2, in front of thousands of fans along the Montlake Cut. Washington women's crew

beat Virginia to claim the 2015 Windermere Cup. Husky men fell short to the New Zealand National Team, one of the top international crews in the world, finishing ahead of Columbia who came in third.



Thank You, Windermere

Washington Rowing is grateful to Windermere Real Estate for their generous support and commitment to bringing this world-class regatta to our community.

Row, Row, Row Your New Boat

The Huskies welcomed five new shells to their lineup, honoring several long-time supporters of crew.



Jean K. LaFromboise

Jean was instrumental in starting a women's crew team at UW. Her decades-long involvement included donating many shells to the rowing programs and offering scholarships to students of area high schools.



Carl Lovsted

Carl Lovsted rowed for the University of Washington between '48 and '52, and brought home the bronze in the Helsinki Olympics. He maintained a close relationship with UW crew throughout his life.



The Hunter

This Hunter is the second 8 named after Hunter Simpson, a great friend of Washington Rowing. The original was the shell the US women won the gold medal in at the 2008 Beijing Olympic Games.



John N. Nordstrom

The John. N. Nordstrom boat is named for an alum and longtime donor of the same name who rowed under legendary coach Al Ulbrickson with the 1958 crew in the Huskies' first trip to Henley.



John W. Jacobi

The new John W. Jacobi shell was dedicated during Windermere Cup Week to honor the founder of Windermere Real Estate and the man who came up with the idea for Windermere Cup in 1987.

A Life and a Legacy Devoted to Rowing

Tom and Ellie Naden are devoted to the Husky sport that brought them together.

By Teresa Moore

The UW rowing program inspired Tom Naden as a little boy in the 1930s, introduced him to his wife nearly 65 years ago, and ignited a legacy that will live long after he's gone.

Tom (BA Chemistry, 1953, Doctor of Dentistry, 1960) and his wife, Ellie (BS Home Economics, 1949), are more than passionate about rowing. They've practically built their lives around the program.

"I met my husband in a boat," Ellie laughs.

In the 1950s, Tom was a member of the lightweight crew team and was training for a Canadian regatta with three teammates.

"We had to get a coxswain every time we turned out, so I'd go down to the Laurelhurst Beach Club and find a really good-looking girl and get her to come and cox the boat for us," Tom recalls. "My eyes lit on Ellie. We shanghaied her and that's how we met. Now, 64 years later, she's not sitting behind any boat but she's still giving directions!"

Tom's Husky roots run almost a century deep. Both his parents earned UW degrees. His uncle managed the basket-

ball team in 1920, the year Husky Stadium was built, and bought tickets for that inaugural football season. Tom's been a die-hard fan since he was 10 years old and still owns his uncle's same seats.

His connection to rowing began early, too. Tom's fifth-grade pal, Dale, was the younger brother of Don Hume, the

stroke of the "Boys in the Boat" UW crew team that triumphed in the 1936 Olympics.

"Dale and I went up to Don's attic bedroom one day, and there above the window was the white-tipped University of Washington oar. That was impressive," says Tom.

Fast forward to the 1970s. The Nadens' two sons rowed for the Huskies and Tom served as team dentist when they competed in the Henley Royal Regatta in England.

Today, Tom and Ellie are giving back to the program that brought them together. They plan on endowing a scholarship for Washington Rowing, and have remembered the program in their wills, ensuring their legacy will live on.

"It was a signature time of my life to be part of that program," Tom says. "I'm enthusiastic about paying back for what the University did for me."

"It just makes us feel good," Ellie adds.



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In Memory

Hans Oluf Backer 1933-2015

Hans Oluf Backer was born in Drammen, Norway, on April 28, 1933 and passed away April 11, 2015 in Roseville, CA. In 1950, Hans immigrated to America. He played two seasons of high school football before heading to UW where he rowed from 1952-1954 before joining the US Armed Forces. Following his duty he returned to UW and earned a BS in civil engineering. He was influential in the building of many dams in Montana and Oregon. Hans enjoyed sailing, morning workouts and milkshakes. He is survived by two children, a sister, two nephews and a grandson.



Hans Backer (shirtless in center), pictured with his UW team. Courtesy Guy Harper Scrapbook at Huskycrew.org, 2015



Even in his later years Vic was always a well-dressed person.

Victor Fomo 1920-2015

Vic Fomo, '42, standout Washington coxswain and UW Hall of Famer, passed away at the age of 94 on April 22, 2015. Aside from being named one of four best dressed men on a college campus in the USA, Vic had another great accomplishment. He never lost a race in his UW Rowing career. A three-time National Champion at Washington, Vic was a member of the '40 and '41 teams that dominated collegiate rowing and are still considered two of the strongest teams to ever row at Washington. Following college he served as an aerial navigator in WWII. He eventually found himself as a successful commercial real estate developer, building hotels and retirement homes. He is preceded in death by his siblings, son Lee and grandson Victor. He is survived by his wife Anne, daughter Dana, five grandchildren and four great-grandchildren.

Warren Allan Helgerson 1930-2015

Warren Allan Helgerson, a retired apple orchardist and Navy Commander, passed away on Feb 9, 2015 in East Wenatchee, WA. He was born in Seattle in 1930. He graduated from Queen Anne High and then attended the University of Washington. He was a member of Theta Chi Fraternity, the Big W Letterman's Club, the Oval Club, The Varsity Boat Club and the Husky Crew Team, where he won two national championships. Following college Warren served as a naval officer in Korea, Vietnam and the Cold War. He later settled with his family on his apple orchard in East Wenatchee. Warren is survived by his sister Jean, his wife Suzanne, two sons, two step-sons and 10 grandchildren.



Warren, pictured here in 1950, won 2 National Championships during his time with UW Crew.



1

Out & About

Rowing alumni & friends show their support for UW Crew at recent events.



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5



6

1: Fans line up along The Cut to take in the Cal Dual. 2: Fans gathered at the Pac-12 Championships in Rancho Cordova, CA, May 16. 3: **Fred Schoch**, **Dr. Dave Slepian** and **Dwight Phillips** check out the action at Brown 4. 4: Thanks to **Betsy Beard-Stillings**, '83, (left) for organizing another fun and successful Stewards' Enclosure at the Windermere Cup. We had a record 374 guests! 5: **Bob Ernst** and **Michael Callahan**, '96, presented **Megan Kalmoe**, '06, with a white blade with the green captain's star after her inspiring keynote at the VBC Banquet on March 27. 6: The annual Class Day women's reunion row on March 28 saw alumnae from the fall of 1968 - the year the women's crew was re-established - to 2014.

1957

Floyd Barker: I met my future wife via a blind date at a VBC sponsored Halloween dance at the crew house in 1955. Now, 59 years later, that remains to be the highlight of my UW experience. Being in the winning JV boat at the 1956 IRA regatta was exciting and being chosen Captain was an honor, but all that is now very old news. Maintaining a lifelong relationship with my "blind date" has been continuing good news.

1959

John R. Lind Sr.: I have started and founded a rowing club in Silverdale, WA, and am now helping out with Kitsap Rowing Association in Poulsbo, WA.

1965

Ward Buckingham: I've written a book "Triumph Born of Ashes... Trooper Mike Buckingham's Story" which my publisher says will be out 2015. An amazing human interest story of inspiration, challenge, encouragement and self-sacrifice!

1973

Dan Nelson: I was a lightweight rower from 1969-73. I am now a full time Lieutenant in the Seattle Fire Department. For the past 2 years I've been captain for our Stairclimb team that climbs the Columbia Tower in full firefighting gear. On March 8 I did the Scott Firefighter Stairclimb, 69 floors, 1311 steps. I raised \$13,500 and Seattle Fire raised a record-breaking \$108,000. This was my 14th year and I finished 3rd in my age group. I then flew to New York on March 15th and was one of 100 firefighters to climb the new World Trade Center Building with firefighters from New York, several states, and New Zealand. This was the first climb at Ground Zero since 9/11. It was extremely emotional for all participants. This tower is 73 floors and 1624 steps. At age 64 I finished 2nd in the over 50 division and 26th overall. I returned to Seattle to complete the civilian Columbia Tower "Big Climb" on March 22.



In two weeks I did three climbs on both coasts. I believe there isn't anyone else in North America who has done this. I wanted to let you know the discipline and determination from UW Rowing stays in the blood and lives with you for life.

Jim Maxwell: I recently summited Mt. Kilimanjaro and rowed 100 Km on a C-2 ergometer (in 9 hours) to raise over \$5,000 for the Lakewood, WA, YMCA's annual giving campaign.

1982

The Greg-oar Hoffman: I am now helping alcohol dependant individuals quit and remain abstinent through the medically assisted GO SOBER treatment program. www.gosober.org

1983

Lee Miller: I am serving as president of the Orange Coast College Crew Board of Stewards.

1988

Kris Sanford Milburn: I graduated in May 2015 with my masters in nursing. My official title is Family Nurse Practitioner in Mental Health (FNPMH). I recently took a job as full time faculty with the

St Joseph's College of Nursing in Syracuse, NY. I will be opening my own private practice treating adults and children in mental health in July.

1989



Alicia Brillon: Alicia Brillon is currently Head of Acquisitions at the University of Utah's S.J. Quinney Law Library. In her spare time she competes in Ironman triathlons (the only activity that comes close to the pain of collegiate rowing) and is a board member for the non-profit Utah Crew, a rowing team that focuses on developing young recreational and competitive athletes.

1993

Sally Boeve: I often reminisce about the camaraderie that was developed and continues to this day from being a part of Husky Crew. I am so impressed with my former teammates and all that they have become. I marvel at the elite level at which the current Washington rowers continue to perform. The discipline required to work under Bob Ernst contributed to my success in medical school and beyond. I am currently the Medical Director for Pantano Behavioral Health Services in Tucson, AZ.

Jason Scott: I recently moved back to Seattle and joined the team at Luum.com as Vice President, Customer and Market Development.

1994

Phil Henry: I am living in Singapore with my wife and three boys (12,10,7) working for Tableau Software in sales. If you're in town look me up. Woof!

1998

Anne Christie Rogge: I teach at Evergreen High School in Vancouver, WA, and am currently working to become an administrator.

1999

Trisha Rosenberg Steidl: I live in Leschi in Seattle and I am the men's and women's cross country (XC) and track & field coach at Seattle University. Our women's XC team won the 2014 WAC conference meet, the first time this has happened since the beginning of XC & TF at Seattle U. I was voted 2014 WAC XC Coach of the Year. Our school also had two conference champions at the WAC indoor championships and four at the outdoor meet, another first for SU. It's been quite a year for our program and we currently have one person qualified for the first round of Nationals in the high jump.

2000

Maggie Seay Adams: Maggy received her Masters in Liberal Arts for Literature and Creative Writing from Harvard University Extension School in May 2015. Iris Elizabeth Adams was born in February.

Kim Oates Lawrence: In May 2015, I was the Creative Director/Producer for the main executive keynote at the first-ever Microsoft Ignite Conference which is the largest public conference ever for Microsoft with a crowd of over 18,000.

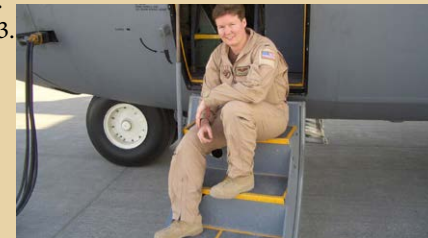
Mary Strazer: I obtained my Washington state professional engineering license in civil engineering. I was also just recently

nominated by Earth Corps and received the 2015 Governor's Outstanding Volunteer Service Award. Baby #3 is due in early August.

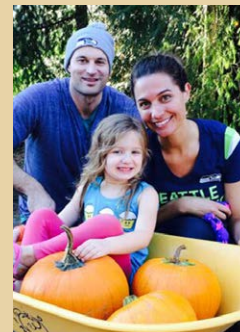
2001

Sarah Good: I rowed all four years at the UW, but I was always a "4th boater." I graduated with a B.A. in Mathematics in March of 2002 and joined the U.S. Air Force in May of 2003.

I am a Major and I am the Command C-130H Evaluator Navigator for AMC. I am the human GPS and stand behind the pilots and direct them where to fly to ensure that the equipment or people we airdrop land where they are supposed to. Since joining the Air Force I have lived in TX, Germany, ARK and now IL. I have deployed three times to various combat zones, and I have been to a total of 42 countries. Rowing for the UW women's crew team did a wonderful job preparing me for this challenging and exciting career!



2002



Jenni Hogan: Jenni is now co-founder and Chief Media Officer of Tagboard, a start-up in Redmond, WA, creating technology to help sports teams, media companies and brands fuel engagement with their online communities worldwide through social display. She was named one of the most creative people in business in Entrepreneur Magazine April 2015. She's married to Josh Hogan and they have a 5-year-old daughter Siena who is a big Husky fan.

Anna Mickelson Cummins: Anna, '02, and Dr. Bob Cummins Jr, '98, welcomed their third daughter Feb. 28, 2015. Annabelle Patricia Cummins was 8lb

10oz, 21 inches long. Anna calls her "Belz," just like her Husky teammates called '02 UW Kiwi Annabelle Ritchie. Anna and Bob run Cummins Chiropractic and Wellness in Bellevue.



Shannon Oates Bennet: I moved to Singapore with my husband, Rob, in January while he works on a new project for Boeing. I'm a personal stylist and organizer and own my own company called Elevate My Style.

2003

Erin Curry Issac: I currently reside in Los Angeles with my husband Greg and 6-month-old son Nolan. I am the Senior Project Manager for Judith von Hopf, a leading creative manufacturer of custom props and decorative embellishments for retail, hotel, restaurant, and event-planning industries. My background is in Corporate Retail Visual Display. My family and I enjoy what Southern California has to offer: hiking, beaches, great restaurants, yoga and green juice. www.erincurryisaac.com

2004

Nicole Mazikowski Alexander: Nicole and her husband welcomed a new baby girl to the family, Addison Lyla Grace Alexander. Nicole

was recently promoted to the rank of Army Major and was accepted into the U.S Special Operations Command Security Studies program at the prestigious Naval Post graduate school in Monterey, CA, where she will be afforded the opportunity to earn a second Masters of Science degree.

2005

Dana Ryan: After graduation from UW I went on to obtain a Master's in Kinesiology and a PhD in Physical Activity, Nutrition and Wellness from Arizona State University. During that time I coached high school rowing in both San Diego and Phoenix. After finishing my PhD, I moved to LA where I conducted research at UCLA and taught at CSULA. I am currently work for Herbalife and manage Sport Performance and Nutrition Education for our sponsored athletes around the world.

Eric Robinson: Eric made partner at his law firm, Mills Meyers Swartling P.S., effective 1/1/2015.

2006

Olivia Marrow: After graduating from UW I worked in a laboratory for four years while coaching rowing in San Diego. In 2010 I met and fell in love with a young Italian doctor who came to work in my lab for a short period, and decided to move back with him to Milan. We are engaged to be married in Italy next year, just after I graduate from medical school. My two best friends are still my Husky Crew teammates Marah Connole and Megan Kalmoe.



Scott Schmidt: Selected as "Distinguished Graduate" at the United States Air Force Officer Training School, and is now serving as a medical officer at the US Air Force Academy in Colorado Springs, CO.

2010

Blakely Diana Holland: I graduated with a degree in economics. I am the Designer Shoe Manager at Nordstrom Bellevue Square. I love to ski and watch the Huskies win!

2012

Jay Thompson: I have survived my first semester of medical school at Rocky Vista University in Parker, CO.

If you have news of a life event or milestone (i.e., promotion/new job, wedding, birth announcement, retirement, awards, etc) you would like to share, please send us a short description as well as your UW Rowing class year. We also want to feature pictures of alums at UW Rowing events. Please submit your updates and photos to sweepcrew@ica.washington.edu.

Washington Rowing Stewards
University of Washington
Box 354070
Seattle, WA 98195-4080 USA

2015 Washington Rowing Schedule

DATE	EVENT	LOCATION
July 1-5	Henley Royal Regatta (m)	Oxfordshire, England
Oct. 3	Burnaby Small Boats Invitational (w)	Burnaby Lake, Burnaby, BC, Canada
Oct 17-18	Head of the Charles (m)	Charles River, MA
TBA	Head of the American (w)	Lake Natoma, Gold River, CA
Nov 8.	Head of the Lake (m/w)	Montlake Cut
TBA	UW Football Game National Championship Presentation	Husky Stadium, Seattle

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■ Away

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