Celebrating Our Legacy

In this issue of Sweep, we celebrate the legacy of Washington Rowing – those who have come before us, those who carry on our traditions today, and those who will continue to do so into the future.

Rowing a race is an art not a frantic scramble. It must be rowed with head power as well as muscular power. From the first stroke, all thoughts of the other crew must be blocked out. Your thoughts must be directed to you and your own boat, always positively, never negative. Row your optimum power every stroke, try and increase the optimum. Men as fit as you, when your every day strength is gone, can draw on a mystical reservoir of power far greater. Then it is you can reach for the stars.

That is the only way champions are made. That is the legacy rowing can leave you. Don’t miss it. Good Luck.

Jane Powers and Trevor Vernon, Co-chairs, Board of Washington Rowing Stewards

Dear Friends,

Our supporters can generally be divided into two groups, those who were a part of the program in college, and those who have come to the program since then. We refer to the latter as “Friends of the Program” and it is likely there is no other program in the country which enjoys greater support from its Friends. Washington’s Friends sent the “boys” to Berlin in ’36 and the men & women to Henley 82 years later. It is a sterling legacy.

As recipients of Sweep, you - our supporters - have chosen to prioritize this program. Simply stated, Washington Rowing would not be where it is today without you. Thank you. Because of your generosity, the program exceeded its fundraising goal for the 2017-18 fiscal year, raising $344,297 for the Annual Fund and made meaningful strides with endowments. As you review the numbers starting on page five, please know how vital each gift is to the strength and success of Washington Rowing.

Over the past number of years, the Board of Rowing Stewards has worked hand in hand with the team to create opportunities to get to know current student-athletes and reconnect with old friends. Whether that be the football tailgate hosted by Dave Herness, ’91, and Charlie Malley, ’01, or the Alumnae Brunch launched by Adrienne Hunter, ’03, and the UW Women’s Team or the Husky hospitality tent at the Head of the Charles organized by Charlie Clapp, ’81. These events, have grown in size and scale every year, but now we are looking to throw a little fuel on our outreach efforts by calling on you to help us grow our community.

We ask that you reach out to colleagues who have yet to connect with the team and invite them to join you at an event. Talk up the card or Stewards pin you received as a result of donating to the program. Organize a reunion, or to put it differently, invite some old friends to dinner.

The success of Washington Rowing has always been reliant on the depth of our roster. It is no different with our Stewards. Our strength depends on our numbers. As supporters, you understand the value you bring to this program. Please make a goal of bringing an old friend back to our community this season. By doing so, you will continue the legacy of the Washington Rowing Stewards.

Go Dawgs.

Jane Powers and Trevor Vernon, Co-chairs, Board of Washington Rowing Stewards
The Legacy Within Us

“REACH FOR THE STARS.
THAT IS THE ONLY WAY CHAMPIONS ARE MADE.
THAT IS THE LEGACY ROWING CAN LEAVE YOU.
DON’T MISS IT.”

George Pocock

This George Pocock quote recently became a permanent part of Conibear Shellhouse, the words mounted in six-inch letters at the entrance to the team training rooms. All athletes and coaches — women and men — who walk through the main entrance door see it.

We walk through those doors every single day. And the words never get old.

Our legacy, at Washington, is all around us, all the time. Physically, it is in this building; in the oars of the legends on the wall, in the Olympic medals, in the Husky Clipper hanging from the rafters of the dining hall upstairs. Our teams and athletes are immersed in it from the first day they walk in the building.

But it doesn’t stop there; in fact, that is just the beginning. The real traditions and values of Washington Rowing are in you, the people of Washington Rowing. It has been that way from the beginning, generation after generation passing the mantle to the next. The mantle of hard work, perseverance, commitment to team, and an unwavering desire to win.

We saw these values once again in action in 2018: Pac-12 Champions, men and women together; National Championship victories, men and women together; Henley trip, men and women together. Effort, dedication, early mornings… all leading to success at the highest level, together. As coaches, we want these values and lessons to become intrinsic in every rower here, taking them beyond these waters, walls and campus... beyond the boat.

George Pocock wanted that too. He knew that rowing at Washington improved our families, businesses and communities; he witnessed it first hand: “Harmony, balance, rhythm, there you have it. That’s what life is all about.” Those words brilliantly sum up the journey we have all been so fortunate to share, with each of us contributing to this wonderful program—unique in athletics, forged in the community, carved into history.

Thank you for being part of it; thank you for passing your legacy onto the next generation; and thank you for your support. We do this together, and we wouldn’t want it any other way. That is Washington Rowing.

Sincerely,
Michael Callahan and Yaz Farooq
Washington Rowing Head Coaches
Washington Rowing Endowments

Endowment donors establish sustaining sources of scholarship and program funds that last through time. Endowments preserve the principal and use the interest from invested funds to cover the costs of program needs and the costs of annual scholarships - the single biggest expense for Husky Athletics. We are deeply grateful to all our endowment donors.

Applegate Endowed Women’s Rowing Scholarship
Charles M. Applegate Crew Endowment
James and Marjorie Beardsley Scholarship Endowment for Husky Crew
Doug and Nancy Boyden Men’s Rowing Endowed Fund
John D. Bracken Scholarship Fund
Class of ’82 Scholarship Endowment for Men’s Rowing
Class of ’67 Men’s Crew Endowed Fund
Class of ’76 Endowed Men’s Crew Scholarship
Crew Scholarship and Contingency Fund
James S. and Elree Eagleson Crew Endowment
Dick Erickson Endowed Crew Scholarship
Fowler Family Men’s Rowing Endowed Fund
Wayne E. and Stella S. Graham Crew Endowment Fund
Dan and Jan Harville Endowed Women’s Rowing Fund
Chuck Holtz Endowed Men’s Crew Scholarship
Hughes Family Endowed Women’s Rowing Scholarship
John W. and Rosalind Jacobi Endowed Men’s Crew Scholarship
Clarence B. Lfromboise Men’s Crew Endowed Scholarship
Jean K. Lfromboise Scholarship for Men’s Crew
Michael S. Lfromboise Memorial Fund
Carl and Louise Lovsted Endowed Scholarship
Carl M. & Louise C. Lovsted Endowed Crew Scholarship
Thomas W. McCurdy Memorial Fund
Dave McLean Memorial Endowed Scholarship
Diane Miller-Ross Endowment
John H. and Luanne Isom Mills Endowed Crew Scholarship
The Kari Osterhaug Endowed Scholarship for Women’s Crew
Ron and Jayne Ranheim Men’s Rowing Endowed Fund
Jon Runstad 2008 Endowed Scholarship for Men’s Rowing
Jon Runstad Endowed Scholarship for Men’s Rowing
Slepyan Family Endowed Crew Fund
Alison and Brian Urback Crew Endowment
Willard Wakeman Endowed Men’s Crew Scholarship
Washington Rowing Stewards Endowment
Wilkerson Family Scholarship Endowment for Husky Athletics
John W. Zevenbergen Jr. Endowed Scholarship for Men’s Rowing


Your dedication to Washington Rowing may last a lifetime, from youth to career to retirement. By participating in Forever Washington – a giving program for those who remember University of Washington Athletics in their wills or estate plans – your Husky spirit can live on as an enduring personal legacy. Learn more at Foreverwashington.com.

If you are thinking about establishing an endowment and would like more information, please contact Bryan Beals at 206-221-8210 or bbeals27@uw.edu.
Lists include donors who contributed to the rowing annual fund, endowments, equipment and other special projects.

**World Champion ($10,000+)

Korn Ferry
Mr. James & Mrs. Beth *McCurdy
Mr. Blake & Mrs. Molly Nordstrom
Mr. Brian & Mrs. Alison Uback
Mr. John & Mrs. Ingrit Haug
Mr. H. Jon & Mrs. Judith Runstad
Mr. Joseph & Mrs. Katherine Ryan
Mr. John & Mrs. Pat Sayre
Dr. Jane Mays & K. Byrom Suki
Mr. Jim Bridges & Mrs. Anna
Mr. Robert & Ms. Amy Davis
Mr. Jerry & Mrs. Deborah
Mr. William & Mrs. Karen
Mr. Scott & Mrs. Melanie
Mr. Jeremy & Mrs. Dale
Mr. Alan & Mrs. Mark
Mr. Harold & Ms. Marcia
Mr. Michael & Ms. Mary
Mr. David & Mrs. Kelly

**National Championship ($5,000+)

Mr. & Mrs. Linda Burley
Dr. Megan Callahan
Mr. Michael & Ms. Joana Callahan
Mr. Matthew & Ms. Amy Cockburn
Mr. Alan Forney
Mr. Frederick Fox
Mr. Matthew & Ms. Amy Cockburn
Mr. Dick & Mrs. Jennifer Redman
Mr. John Rhodes

**Coach’s Club ($1,000-$4,900)

Mr. David & Mrs. Julie Herness
Mr. Howard Lee
Mr. Carl & Mrs. Carrie Lovest
Mr. John & Mrs. James Nordale
Mr. Alexander & Ms. Erika Washburn
Mr. Patrick Wolfe & Ms. Mary Kelly-Wolfe

**Stewards (up to $999)

Mr. Garrett & Mrs. Barbara
Ms. Ann & Captain Paul
Mr. Matthew & Ms. Amy Cockburn
Mr. Bill & Mrs. Brenda
Mr. William & Mrs. Sharon
Mr. William & Mrs. Kimberly
Mr. Ryan Conti
Mr. Michael & Mrs. April
Mr. Paul & Ms. Anna
Mr. Ryan & Dr. William
Mr. H. Jon & Mrs. Judith Runstad
Mr. Blake & Mrs. Molly Nordstrom
Mr. Brian & Mrs. Cairns
Mr. Tyler Davidson
Mr. Michael Doyle
Mr. William & Mrs. Mary
Mr. Marc & Mrs. Susan
Mr. Jefferey
Mr. Benjamin
Mr. David & Mrs. Linda Burley
Dr. David & Mrs. Penny
Mr. Tom & Mrs. Linda Burley
Dr. Larina & Mr. Robert Davis IV
Mr. Ross Gilmour
FX Fitness Xperts
Mr. Michael & Mrs. Mary
Mr. Alan & Mrs. April
Mr. John & Mrs. Nancy
Mr. Duke & Mrs. Sally
Mr. Thomas & Mrs. Constantine
Mr. Glenn & Mrs. Enid

*Deceased; we’re grateful for their impact and their legacies live on.
Mission of the Washington Rowing Stewards

The Washington Rowing Stewards, through an active presence of alumni and friends of the program, work to connect and inspire our community to support and promote the men’s and women’s rowing teams at the University of Washington.

VOLUNTEERS NEEDED – WE WANT YOU!

Are you looking for a fun and meaningful way to get more involved with Washington Rowing? Volunteers are integral to the success of the program. We are currently recruiting volunteers for the 2019 season.

Our area of greatest need is race day operations which requires upwards of 50 people to support each event. Assignments include using an iPad to time races, being a stake boat holder at the starting platform, helping spot finishers at the finish line, being a finish line flagger and safety/driving (monitoring the warm up area, assisting with get back/row backs, driving a referee launch).

Most of the volunteer positions require no previous experience. To be considered to be a launch driver you must have previous coaching or boating experience and attend a “training” during a Ham n Egger. It’s a great way to have an “all access” pass to UW races and see them from a different perspective.

Contact Sarah Keber, Director of Operations, at keber@uw.edu or 206-685-1117.
Men’s and Women’s Dean’s Lists 2017-18

Katelyn Anderson (A, S)
Sophia Anderson-Kundig (A, W, S)
Marvin Arritt (A)
Angus Bailey (W)
Paolo Bifulco (A, W)
Elke Bruce (A)
Anna Corf (A, W, S)
Braedan Daste (A)
Brett De Bruin (W, S)
Chase Deitner (W, S)
Nick Everett (A)
Tea Federispiel (A)

Harry Fox (W)
Mary Fudge (W, S)
Thomas Fuller (W, S)
Andrew Gard (A)
Adam Gold (W)
Michelle Green (A, W)
Sam Hallett (S)
Eyen Harris (A, W)
Valentina Heepe (W)
Sara Kelly (A, S)
Isabel Klein (S)
Arne Landboe (A)
Luca Lovisolo (S)
Michael Mannel (W, S)
Madison Martin (W)
Rachel McGlothlen (A, W, S)
Reilly Milne (A, W)
Madison Molitor (S)
Brooke Mooney (A, W)
Elliotsenva Pannoa (A, S)
Carola Pappalardo (W, S)
Anna Porteous (A, S)
Austin Regier (W)
Rielly Milne (A, W)
Madison Molitor (S)
Kelly Paucher (A)
Emma Whydrow (A)

CRAC National Scholar Athlete
Carmella Pappalardo
Calina Schanze
Kenzie Walker
Jennifer Wenn

2018 All-Pac-12 Women’s Rowing Team
First Team:
Carmella Pappalardo, Sr., Sakerno, Italy
Kenzie Walker, Sr., Kirkland, Wash.

Second Team:
Sophia Anderson-Kundig, So., San Francisco, Calif.
Amanda Durkin, Jr., Henderson, Mass.
Valentina Heepe, So., Garden Grove, Calif.
Phoebe Maria-Nicholas, Sr., Seattle, Wash.
Chiara Ondoli, Sr., Angera, Italy
Anna Porteous, Jr., Kingston-upon-Thames, England
Calina Schanze, Jr., Behrendorf, Germany
Tabea Schendelekisch, So., Dorstum, Germany
Lark Sparke, So., Steamboat Springs, Colo.
Jennifer Wenn, Jr., Seattle, Wash.

Honorable Mention:
Caroline Aumüller, So., Newport Beach, Calif.
Marie Blau, Jr., Seattle, Wash.
Adeline Linke, Jr., Seattle, Wash.
Madison Marien, Jr., Snoqualmie, Wash.
Brooke Mooney, So., Peru, VI.
Julia Paukner, Sr., Seattle, Wash.
Karle Pfitzinger, Jr., Lake Chelan, Wash.
Meg Rutherford, So., Seattle, Wash.
Jessica Thoresen, Jr., Highlands Ranch, Colo.

2018 Academic All-Pac-12 Men’s Rowing Team:
First Team:
Luke El Khoury, Sr., Long Beach, Calif.

Second Team:
Braedan Daste, Sr., Redmond, Wash.
Elleit de Bruin, So., San Francisco, Calif.
Thomas Fuller, So., Mendon Park, Calif.
Harvey Kay, So., Nottingham, England
Anna Landboe, Sr., Shoreline, Wash.
Reilly Milne, Jr., Woodinville, Wash.
Madison Molitor, Jr., Monona Lake, Wash.

Honorable Mention:
David Bridges, So., Portland, Ore.
George Eski, So., Long Lake, Minn.
Andrew Gaard, Jr., Madison, Wis.
Sean Kelly, Sr., Princeton, NJ.
Luca Lovisolo, So., Torino, Italy
Michael Martel, Jr., Amsterdam, Netherlands
Austin Regier, So., Seattle, Wash.
Rielly Milne, Jr., Seattle, Wash.
Ava Tongre, So., Seattle, Wash.
Amanda Durkin, Jr., Kirkland, Wash.
Annie Wall, Jr., Seattle, Wash.
Adele Linke, Jr., Seattle, Wash.

The Washington Rowing Magazine
One of the most tangible ways to leave your legacy at Washington Rowing is by funding a scholarship for a student-athlete. Over the years, hundreds of Husky rowers have received the opportunity to row at Washington through the generous support of privately endowed scholarships. Many have built friendships and credit their Husky rowing experience to their generous scholarship donor. These relationships extend outside of school and the boathouse, and can sometimes be lifelong.

At Washington, we take time and careful thought to match each endowed scholarship; we want to be sure that we recognize these special gifts by pairing student-athletes who share and personify the values and dedication of the donor. It is an added benefit to be able to tell parents that our community is so deeply committed to this sport that they have funded their daughter or son’s scholarship in perpetuity. It underscores the uniqueness, and tradition, that defines the culture of Washington Rowing: we do this together.

George Pocock said that the ultimate swing came when “eight hearts beat as one.” And as he knew, that idea — at Washington — extends beyond the boat. It reaches into our families, our alumni, and our community. There is no better example of that than the bonds that are formed through our endowed scholarships. To all of these donors, we thank you for your very personal commitment to every Washington athlete who has benefitted — and benefits today — from your generosity.

Here we feature a few of the unique bonds that have been forged between donor and athlete.

Applegate Endowed Women’s Rowing Scholarship

Current recipient: Elise Bueke, ’19

In 2018, Joanne Applegate Jaech established the Applegate Endowed Women’s Rowing Scholarship in honor of her late dad, Charles Applegate, ’38, who rowed at the UW. Charles was best friends with Joe Rantz, and although he didn’t row in the shell that won the Olympics, he traveled to Germany with the “boys” in 1936, the year they won gold. The inaugural recipient of Joanne’s scholarship is junior Elise Bueke of Sequim. Joanne says she was pleasantly surprised to find out Elise had been selected to receive her scholarship because she had known about Elise, who rowed at the Olympic Peninsula Rowing Association. She said it is a “happy coincidence” that Elise is from Sequim, which is where Joanne retired to be closer to her parents before their passing... and of course the other happy coincidence: Joe Rantz was also from Sequim.

Elise Bueke, ’19

Class of ’76 Endowed Men’s Crew Scholarship

Current recipient: Philipp Nonnast, ’19

Fred Fox, ’76, says he enjoys a casual friendship with the current recipient of his scholarship, senior Philipp Nonnast. Fred and Philipp have breakfast once a month or so after Saturday practices—at one of two Seattle institutions, Burgermaster or Voulas Offshore Cafe—and keep in touch via text. Fox says his goal is to listen and be a sounding board to Philipp, who is from Germany and is contemplating life after UW. For Fred, deciding to establish the Class of ’76 Endowed Men’s Crew Scholarship ten years ago came as kind of an epiphany. He realized that some of the success he was enjoying in life was a result of going through the rowing program at UW where he learned a strong work ethic and created lifelong friendships. He wanted to give back in a meaningful way that would allow other young men to have the Washington Rowing experience. “It’s fun to watch the kids grow and develop over the four years they are at Washington,” Fred notes. “It’s an honor to be a small part of their lives.”

John H. and Luanne Isom Mills Endowed Crew Scholarship

Current recipient: Gert-Jan VanDoorn, ’21

John Mills, ’61, describes his family as a “family of rowers.” He and his younger brother rowed at Washington; his son rowed at Harvard; and his wife, Luanne is a national erg champion. So deciding to endow a scholarship for men’s rowing at UW seemed like a natural way of giving back to a program and a sport that has given them so much, John says. Since the scholarship was started in 2012, three rowers have received it including A.J. Brooks,’13, Stuart Sim, ’17 and Gert-Jan Van Doorn, ’21. “We always have them over for Thanksgiving,” John noted. “And we go to their races, including the IRAs when we can.” John also says he bumps into their scholarship recipients a couple of times a year on campus. John audits UW classes as part of the “Access Student” program for people over 60 who want to continue learning. John attends class every day (except in the summer) and says he has taken 114 classes through the program.

If you are interested in setting up an endowed scholarship fund at Washington Rowing, please contact Bryan Beals at 206-221-8210 or bbeals27@uw.edu.
Environmental Stewardship

UW Rowing Teams Earn Campus Sustainability Fund Grant

By Jeff Bechthold

Innovation and Washington Rowing have gone hand in hand for more than a century. From Hiram Conibear and George Pocock to Michael Callahan and Yasmin Farooq – and many more in between – the Huskies’ programs have been headed by creative, inventive leaders whose innovations in stroke mechanics, boat design, and training and evaluation techniques have made Washington home to the greatest collegiate rowing program in the country.

With that spirit in mind, last fall, several members of the UW Rowing team made its pitch for $8,000 to purchase a new type of electric boat motor made by Seattle company Pure Watercraft.

Founded by former Stanford rower Andy Rebele, the company has begun to design electric motors powerful and efficient enough to replace many gas-powered, outboard motors, including those used in rowing coaches’ launches.

The new motors, which run on rechargeable batteries, are actually faster and more powerful than the gas motors currently used by most rowing coaches’ launches. Electric motors had been in the news in recent years and the seed to seek a grant to get one was germinated at Conibear Shellhouse by the coaches, who took the idea to Brown and, in turn, to the rest of the team.

“Most people going into the project had an interest,” Brown said. “We asked who on the team was interested, so those who said yes had an eye for sustainability.”

“I’m an environmental health major,” Durkin added, “so I’ve always had an interest.”

Guided by CSF staffers Kyle McDermott and Ian Rose, the group put together its presentation, with each of the individuals handling specific aspects. In the meantime, former UW and U.S. Olympic rower Ed Ives, ’83, who works at Purecraft, helped guide the UW team through the intricacies of the new technology.

“We thought it was a long shot,” Brown admitted. “Traditionally, CSF funds low-budget projects, and this one was on the higher end of what they’d funded in the past. Nonetheless, when the CSF announced the 14 projects it had decided to fund, the rowing team’s was included.

While the grant that the UW rowers received will only buy one new motor, the bigger idea is to get in on the ground floor and also to start the process of making such motors a viable alternative, one that will save gas and have a much lower impact on the environment.

In the grant proposal submitted by the UW rowers, it was estimated that Washington coaches’ launches put in a total of nearly 45,000 kilometers each year, burning about 2,145 gallons of gas. In green science terms, that’s about 7,000 pounds of carbon dioxide emitted by those motors, a total that would drop to about 322 pounds if electric motors powered all of the UW launches.

Replacing all of the UW’s boat motors would be a costly pursuit, but what this grant does is allows the program to get one, possibly the first step that might lead to more.

“If once we have it implemented, it’s much easier for us to get more funding for the future,” Brown explained. “It’s much easier than someone taking a gamble.”

Also, as a part of the grant, the UW rowers committed to a series of education and outreach opportunities. After all, the UW’s launches are just a few of the many used by other rowing clubs on Seattle-area lakes, not to mention the many college and club programs across the country and the world.

As a part of the project, UW rowers hosted information booths at next season’s Head of the Charles and Windermere Cup/Opening Day regattas while also presenting information to local rowing clubs, among other things.

“We’re hoping to interest the local clubs,” Durkin, a senior coxswain with the women’s team, explained. “This one launch will have a minor impact, but it shows we’re making a big effort to be more sustainable. If everyone starts, it’ll make a big impact.”

The future could include a full fleet of electric boats, with the battery charge supplied by solar panels on Conibear Shellhouse. While that future hasn’t yet arrived, the CSF grant earned by the UW rowers might very well be the first big step in that direction.

About 7,000 pounds of carbon dioxide emitted by those motors...would drop to about 322 pounds if electric motors powered all of the UW launches.
CLASS REUNIONS IN 2019


UW Welcomes First Official “Hometown Husky”

The UW women’s crew team welcomes its first official “Hometown Husky” Hallie Jensen as a walk-on to the program. Having never rowed before coming to Washington, Jensen is a standout in several other sports including basketball, volleyball, tennis, track and cross country from Lakeside High School outside of Spokane.

Last year, the UW women’s coaching staff hatched the idea of awarding a tuition scholarship to one in-state high school senior with no prior experience in rowing. The UW coaching staff put the word out to high school athletic directors across the state and invited a number of candidates to campus. Out of a pool of several very strong candidates, Jensen was named the inaugural winner of the scholarship.

“We want to put our money where our mouth is,” explained UW assistant women’s rowing coach Josh Gautreau, who headed up the program in its first year. “We say that we want to prioritize in-state kids and walk-ons and we want to keep that tradition alive in rowing. We want to invest in this, and not just with words, but with actions and funds.”

UW’s Gaard Named USRowing Under-23 Male Athlete of The Year

Washington’s Andrew Gaard, a senior from Madison, Wis., has been named the inaugural USRowing Under 23 Male Athlete of the Year. Gaard was selected by the athletes and coaches of the team that competed at the 2018 World Rowing Under 23 Championships in Poznan, Poland.

Gaard stroked the United States men’s eight at the 2018 World Rowing Under 23 Championships, one of six Huskies in that boat, which was coached by UW men’s coach Michael Callahan. The U.S. crew won the gold medal, winning the grand final about two-and-a-half seconds head of Great Britain.

Last spring, Gaard rowed in the UW second varsity eight that won the Pac-12 Championship and then won the silver medal in the varsity eight at the Intercollegiate Rowing Association championships. He has also won IRA gold in the third varsity eight in 2017 and in the freshman eight in 2016.

Ben Davison, ‘19, Wins 2018 Head of the Charles Champs Single

Becoming the first Washington undergrad in our history to win an elite-level Championship single sculling competition, Ben Davison, ’19, won the Men’s Championship Single (highest level 1x) at the Head of the Charles in October. Facing a field of 30 of the top scullers from around the world (including multiple 2016 Olympians), Davison fought his way - from the 26th position - down the 3-mile course in an incredible 17:55. “This is a signature win for Ben, I’m very happy for him,” said Michael Callahan. “No one I’ve coached has worked as hard as Ben. No one wants it more. He earned it.”

UW Rows Make their Mark at Special Olympics USA Games

Over six days in early July 2018, Seattle hosted the Special Olympics USA Games. More than 4,000 athletes and coaches representing 50 state programs and the District of Columbia competed in 14 Olympic-type team and individual sports. Thousands of volunteers supported the events including members of Washington’s men’s crew team who volunteered at the Stand Up Paddle Board races at Angle Lake in Seatac. Austin Reiger, 20, recruited 25 volunteers including several incoming freshmen and local rowers who stayed in town for the summer. The rowers helped with a range of things, including setting up the venue, staging the paddle boards, helping the athletes get ready to start their races, timing and lifeguarding.

“It was really cool to be a part of this,” said Regier. “And it was really cool to see the joy these kids felt. It was very impactful for me to see the athletes compete at such a high level.” One memory that stands out for Regier is the female athlete who is almost completely blind. Lifeguards and officials instructed her where to go on the course. “It was really incredible,” Regier said. “I’m super proud of how our team was able to contribute to the Special Olympians experience in Seattle,” said men’s head coach Michael Callahan. “This is one more way we are teaching our rowers what it means to be of service to the community. And I know they got a lot out of it too!”

By Amy Anderson

Top: UW Rowers (in purple) helped Special Olympians start their SUP race. Bottom: Crew of volunteers from UW Rowing after the SUP races. Left: Volunteers helping set up the venue for the SUP event.
# 2018-19 Washington Rowing Schedule

<table>
<thead>
<tr>
<th>EVENT</th>
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<th>LOCATION</th>
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<tr>
<td>Head of the Charles Regatta (m)</td>
<td>Oct. 21-22</td>
<td>Boston, MA</td>
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<tr>
<td>Head of the American (w)</td>
<td>Oct. 27</td>
<td>Sacramento, CA</td>
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<tr>
<td>Head of the Lake</td>
<td>Nov. 4</td>
<td>Montlake Cut</td>
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<tr>
<td>Turkey Trot</td>
<td>Nov. 16</td>
<td>Conibear Shellhouse</td>
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<tr>
<td>Lake Las Vegas Regatta</td>
<td>Mar. 2</td>
<td>Las Vegas, NV</td>
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<tr>
<td>Washington Rowing Banquet</td>
<td>Mar. 22</td>
<td>Don James Center, Husky Stadium</td>
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<tr>
<td>Class Day Regatta</td>
<td>Mar. 23</td>
<td>Montlake Cut</td>
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<tr>
<td>Husky Open</td>
<td>Mar. 30</td>
<td>Montlake Cut</td>
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<tr>
<td>Stanford, OSU (m)</td>
<td>Apr. 6</td>
<td>Redwood Shores, CA</td>
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<tr>
<td>San Diego Crew Classic (w)</td>
<td>Apr. 6-7</td>
<td>San Diego, CA</td>
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<tr>
<td>Michigan, Ohio State (w)</td>
<td>Apr. 20</td>
<td>Las Vegas, NV</td>
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<tr>
<td>Cal Dual (m)</td>
<td>Apr. 20</td>
<td>Montlake Cut</td>
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<tr>
<td>Cal Dual (w)</td>
<td>Apr. 27</td>
<td>Montlake Cut</td>
</tr>
<tr>
<td>Windermere Cup</td>
<td>May 4</td>
<td>Montlake Cut</td>
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<tr>
<td>Pac-12 Championships</td>
<td>May 19</td>
<td>Lake Natoma, CA</td>
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<tr>
<td>NCAA Championships (w)</td>
<td>May 31-Jun.</td>
<td>Indianapolis, IN</td>
</tr>
<tr>
<td>IRA National Championship (m)</td>
<td>May 31-Jun.</td>
<td>Lake Natoma, CA</td>
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