



# SWEET

THE WASHINGTON ROWING MAGAZINE

**2019**  
ANNUAL REPORT  
SEASON REVIEW

**W**  
*ROWING*

# SWEEP 2MEET

Volume 28 / Fall 2019

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## ON THE COVER

The Washington women celebrate their 2019 NCAA Championship victory at Conibear Shellhouse. Washington won its fifth NCAA title in Indianapolis, IN after sweeping the varsity eight, the second varsity eight and varsity four, as well as setting NCAA records in all three events. This was Washington's second NCAA sweep. The Huskies are the only team to accomplish this feat, having done it for the first time in 1917. Photo by Scott Eklund, Red Box Pictures.

DESIGN: DavidOwenHastings.com



PHOTO: Richard Ersted

The Washington Huskies celebrate their 2019 Team Point Champions "The Ten Eyck Trophy" for the 12th time in 13 years at the Intercollegiate Rowing Association National Championship.



Last words before the Class of 2022 Grunties race the Cal Dual on the Montlake Cut. Winning by open water!



The Washington women unite and celebrate after sweeping the 2019 NCAA Championship in Indianapolis, IN.

PHOTO: Alika Jenner



It's a tradition! The victorious Huskies sing "Bow Down to Washington" after being officially crowned 2019 NCAA Champions.

PHOTO: Alika Jenner



WOMEN'S SEASON REVIEW

# "Sheer human will."

BY YAZ FAROOQ

Someone asked me immediately after the NCAA Championship how our varsity eight rowed from last place to first in the final 500 meters of the closest varsity eight final in NCAA history. "Sheer human will." That was my answer. Those three words also sum up how we forged through one of the toughest seasons a team could face.

First, I want to thank everyone who reached out after senior Anna Thornton suffered a traumatic brain injury in November. Erin O'Connell and Jane Powers served as the front line for every need, with parents, administrators and friends of the program all stepping up to help family and friends at the hospital, along with support and encouragement for everyone back at the boathouse. You were our backbone during that time. The Washington Rowing family is greater and stronger than I ever imagined.

A tragic event like this brings perspective. The most challenging workouts became about "sticking together" over suffering. Compassion took a front seat in how we approached everything. We openly talked about the emotions we were dealing with as we worked our way towards the season, one day at a time, one stroke at a time. Our humanity made us stronger. The only way we were going to get to the season, much less make it a meaningful one, was to do it together with love and compassion.

The season began. Through Las Vegas, the San Diego Crew Classic, Las Vegas again and then the Cal dual, there were wins and losses. We saw each race as an opportunity to learn, to grow, to strengthen our bond, to find a way to give more as we worked toward the championships.

The concept of being the strongest team top to bottom has always been at the heart of Washington rowing. The strength and depth of our team proved itself when the Pac-12 Championship title came down to our third varsity eight, nine women hurtling their boat out of the blocks and leading the charge the whole 2000 meters to break a three-way tie for first. That Pac-12 victory was earned by one half of a point. It also brought home our

credo that every person on this team matters, as they have at this university for decades before us. I watched with pure joy as the rest of the squad sang the fight song to the 3V to thank them for bringing home the Conference title.

Two weeks later, on the eve of the NCAA final, we talked about how this was the first time in history that five teams had qualified all three boats for the grand final. The field was the deepest it had ever been. We talked about how amazing this was for our sport, but also for the challenge that was before us, for being tested like we had never been tested before. I looked around the room and everyone was beaming, literally glowing. You could feel the anticipation and excitement about the opportunity to put forth our best race yet. We talked about you, our alums, everyone back in Seattle and in the state of Washington, our faithful supporters and stakeholders, who have stood by us through thick and thin.

The next day, as the varsity eight was charging to victory fueled by calls for their teammates and trust in one another, the second varsity eight and varsity four were warming up for their own races of a lifetime.

The common denominator in all three races: no Husky crew led off the start—a stark contrast to that unforeseen sweep of 2017. Instead, one at a time, each boat rowed into the lead in the back half of the race, at the critical moment, getting their bowball ahead when it mattered most. All three finals were for the ages. It took NCAA record times to win each race, with the two eights coming down to less than a second.

I still can't quite wrap my arms around the feelings that overcame me when I realized we had swept the NCAA's, but I'll try: JOY for what the entire team had accomplished together, RELIEF that such a challenging year culminated in something tangible that symbolized what they had been through together, LOVE for an amazing group of women who stuck together and believed in one another, and GRATITUDE for this amazing family that we call Washington Rowing. Thank you, on behalf of our staff, Josh, Maggie, Julia, Meagan—and Colin—for letting us guide this team.



PHOTO: Meagan K. Smith



# Perspective of Success

BY MICHAEL CALLAHAN



PHOTOS: Scott Eklund

**W**e hit our goal. We had a very strong final race in the 2019 IRA Men's Varsity 8. It went as planned: We started fast, found a solid base rhythm, Extended Ourselves in the middle thousand, and finished strong. It wasn't enough to be the fastest boat on the water that day, but it was what we had worked for, having our best race on the last day of the season. Equally important, it also secured Washington its 12th team point trophy (the "Ten Eyck") in the last 13 years. In those same 13 years, it was the 12th time our Varsity 8+ had been 1st or 2nd.

At this year's IRA, we walked away with two golds and two silvers. I know there may be some lingering disappointment over our results at the IRA, but I want to take this opportunity to remind you, our supporters, how much you have helped us accomplish and how proud everyone should be of how high we have raised the bar for Washington Rowing.

We were undefeated in the Varsity eight this year including a dramatic victory in the California Dual. If you were one of the many who Packed the Cut that day, we want to thank you for providing an amazing atmosphere for our students. It was a real test of our resilience as Husky oarsmen. The team showed its depth by sweeping California in all events on Montlake.

We started a new tradition by running a Montlake Night Sprints the evening before Opening Day and the Windermere Cup. The team's depth was showcased by the second varsity eight winning the sprint. The varsity eight again showed the ability to rebound by coming back the next day and winning the Windermere Cup over the German National Team and Boston University.

The PAC-12s was a sweep for the whole squad and the first win for the Freshmen 8 in five years. This marked the third Pac-12 Team championship in three years.

The depth of our team continues to be our greatest strength and an extension of Washington's values. Top to bottom, everyone on our team matters and contributes to our team's success. We raced 15 different oarsmen in the Varsity eight looking for that line-up that

could take us to the top of the podium at the IRA National Championship. I am deeply proud of the senior class for leading the way and setting an example of excellence and putting team before self. Off the water, seventeen team members were named to first and second team all PAC12 honors and nine on the IRA All-Academic Team.

While we remained focused on our team achievements and goals, I would be remiss to leave out two huge individual accomplishments from Husky oarsmen this year. Senior Captain Ben Davidson won the men's championship single at the Head of the Charles, defeating Olympic champions and becoming the first current collegiate athlete on record to do it. This winter, junior Simon Van Dorp turned in the fastest recorded 6k ever submitted to Concept2 and the second fastest 2k in history. His times: 18:13.2 (6k) and 5:36.4 (2k). That is fast!

These are huge achievements, but we know the power of our team is what sets Washington apart in a crowded field. Athletic development and experience are key components of that success. With your investment in the best boats, cutting edge technology, incredible racing, etc. This helps accelerate the development process of our students compared to our rivals. We feel like we are the class of the field in this arena but are always looking for opportunities to keep our edge in a highly competitive landscape.

We are also working hard to make sure we are giving our incredible fans and supporters the best race day experience in the country. We believe this goes hand in hand with our commitment to honor and celebrate our student athletes and the sport itself. Through video streaming, social media, world class racecourse, etc., we want to keep pushing rowing to the forefront and bring more fans to our team and sport. This will make a stronger Washington Rowing program and also push the sport to new heights.

We as a community need to have perspective on everything we have accomplished as a team. Our students are thriving and learning many lessons that will serve them later in life: teamwork, hard work, positive mindset, perseverance, humility and persistence. We are excited for what is next and grateful for your support.



## AN IMPRESSIVE COME FROM BEHIND WIN

in the men's varsity eight clinched a sweep of the 108th Men's Cal Dual. The freshman and third varsity eights opened the day with open-water wins in blustery spring conditions. Then the second varsity eight charged down the Cut, extending a four-seat lead at 1500 meters to eight seats by the finish line, setting the stage for the varsity eight race. At the 1000 meter mark, it appeared that California would continue their streak of Schoch Cup wins in Seattle (Washington had not beaten Cal on the Cut since 2013), but Cal's boat length lead evaporated as the Huskies stormed into the Cut and into the lead, winning in a time of 5:32.554 seconds, to Cal's time of 5:35.784. It was the UW's 75th all-time victory in the Dual.



# CAL Dual Recap

*"Last night, we talked about that it would come down to trust. Trust in yourself and in the person next to you — you're pulling for each other. When you're down by a length in the last 1,000 meters, you have to have a lot of trust in each other to come through."* — Michael Callahan



## ONE WEEK LATER, THE WOMEN RACED IN EQUALLY CHALLENGING CONDITIONS.

The races mirrored the week before with open water wins in the third and second varsity eights, and a third 500 push from the varsity four to secure victory. This time, however, it was Cal who would row from behind in the varsity eight to claim the Simpson Cup. The Cal Dual was the marquee event in the "She Will Win" Regatta, which featured local junior and masters women as well. **She Will Win**, a start-up company co-founded by Karle Pittsinger '18 as part of her Minor in Entrepreneurship, is focused on creating equal access and opportunity for women in sport at all levels, from youth to professionals. Proceeds from apparel sales fund opportunities for girls in sports.



PHOTOS: Scott Eklund

# Windermere Cup 2019: from Dusk till Dawn

BY MAGGIE PHILLIPS '17

FOR 33 YEARS, THE WINDERMERE CUP has offered a unique opportunity for Washington's men's and women's teams to line-up against some of the best competition in the world. It is also the last time to fine-tune strategy in a racing setting before lining up at the PAC-12 Championships. The 2019 Windermere Cup once again showcased Washington Rowing at its finest. The world-class competition from the German National Team, Boston University, and UCLA, combined with beautiful Seattle Spring weather helped draw one of the largest crowds in recent memory.

Head men's coach Michael Callahan said, "We want the world's best, so we learn about ourselves and challenge ourselves. That's what we got. These guys helped us raise our level. We're trying to go from good to great."



This push for innovation and improvement extended beyond the 2k race. For the first time, Windermere racing festivities kicked off Friday night with the "Montlake Night Sprints." In the setting sun, crews sprinted the distance of the Cut from West to East. The short course made for exciting races that came down to the final strokes. Callahan said "We had to be aggressive from the first stroke and establish our rhythm." Head women's coach Yaz Farooq noted, "The Germans kept us honest. It came down to the final five strokes last night."

It was an exciting preview of what would play out on the course the following morning.

The men's Windermere Cup was an epic display of speed from start to finish. A light tailwind at the start helped the crews achieve record times for the first 500. Washington held a two-second advantage over the Germans, who were a second ahead of the BU Varsity. As they continued their charge down the course, Washington extended their lead, finishing in a time of 5:42.134 and an open water victory over Germany, who finished two seconds ahead of BU.



PHOTOS: Scott Eklund

The women's Windermere Cup included both the first and second varsity Washington eights, a tradition Farooq started to celebrate the team's depth in 2017. The Washington Varsity crew established a dominant lead early in the race, obtaining open water by the halfway point. They continued their charge, finishing in a time of 6:14.379, the third fastest time for a women's crew in the history of the Windermere Cup. The German team held on for second place over the Husky's second varsity eight, with UCLA finishing fourth. Senior Washington rower and varsity eight seven-seat Calina Schanze said, "This was my last Windermere Cup and it was against my own national team, so obviously I'm happy we edged them out."

In addition to the varsity eight wins, Washington won the Men's Cascade Cup, the Women's Cascade Cup, and the Women's Collegiate Third Varsity Eight event, as well as finishing first and second in the Men's Collegiate Freshman Eight/Third Varsity Eight, Women's Collegiate Varsity Four and Men's Varsity four events.

# Pac-12 Championships

**THE HUSKIES, QUITE LITERALLY, BROUGHT THE PURPLE REIGN WITH THEM TO THE WET AND WINDSWEPT 2019 PAC-12 CHAMPIONSHIPS.**



**W**ith the conference title on the line and thunderstorms looming, officials were quick to reorder and condense the race schedule for the Pac-12 Championships in Gold River, CA. The men's and women's second varsity eights got the brunt of the storm, but the unexpected gusting winds and driving rain made Washington feel right at home.

The men's varsity four jump-started the day, launching out of the blocks and into the lead for an open water win that set the tone for the championship day. The men's varsity eight followed suit, beating the Bears by just over one second, with the 2nd and 3rd varsity eights winning by open water. The freshman eight ended a five-year drought and earned the final win of the day. The victory clinched a perfect championship for the Washington men. The five-race sweep was the first since 2015. Washington finished with the maximum score of 72 points to earn Washington its 39th Pac-12 title. Cal finished second with 63 points.



The Washington women won their third consecutive Pac-12 Championship on the shoulders of the third varsity eight. After a third place finish by the varsity eight, and first place finishes from the second varsity eight and varsity four, the women went into the third varsity eight race tied on total points with Stanford and Cal, meaning whichever of those three teams

won that race would be the Pac-12 champ. The UW 3V8+, unaware of the scoring situation, won the race handily, beating second-place Stanford by nearly 11 seconds.

The Washington women won their 17th Pac-12 team title with 39.5 points, while Stanford had 39 and California finished with 38.5.

# How a Culture Guy Defined a Team

BY MICHAEL CALLAHAN

**W**ith 500 meters down in the Intercollegiate Rowing Association National Championship, Washington's undefeated third varsity eight grabbed a narrow early lead from Yale and California. In that defining moment in the race — where you commit to winning or letting others dictate the race — senior stroke Max Rennie inspired his boat to take control of the second 500, driving the lead to eight seats and never looking back. Everyone was committed to following Max's fire like they had every day in practice.

Max grew up on a potato farm in Denilguin, New South Wales Australia. Coming from abroad, learning the team culture can be challenging. We have a high standard and proud legacy to uphold and all of our students grow into it. Ultimately, this is the value of our team: teaching our young people as they grow into adults. I was very excited to have recruited Max for his academic prowess, rowing skill and physical ability; I didn't foresee him becoming the dominant personality of our rowing team his senior year.



team with his unique personality. From the beginning of his sophomore year, Max grew into our loudest most energetic oarsmen. His enthusiasm served as a force multiplier for the team. Max was not our strongest member, or even our most technical rower, but he was our defining culture guy.



PHOTOS: Richard Ersted

After a disappointing team campaign in 2016, Max had an opportunity as a rising sophomore to improve the team morale and team culture. He was at a fork in the road — to either go with the status quo or ignite the

The third varsity eight and varsity four rowed on to national championships, and we won the silver medal in both the second varsity eight and the varsity eight. Our 207 team points were two more than the Yale Bulldogs' 205, thanks to higher finishes than Yale in the 2V8+ and 3V8+ finals. Cal, which won the second varsity eight final, finished third in the Ten Eyck. This marked the 12th time in 13 years that we won the Ten Eyck Championship. The only year we haven't won it was in 2016, Max's freshman year.

Winning Ten Eyck takes leadership from individuals and buy-in from the whole team. Max was one of the leaders who made winter training fun and pushed guys to maximize their efforts even when the circumstances were difficult. I believe winning medals and championships is a sign of our success and not our defining role. I'm really proud of the character of this team. We have really high-quality young men and women on our team right now and it makes all the difference. Before the races, we told them that as coaches:

*"We've already won. We're very proud of who you are as people."*

# An Unexpected Re-Sweep

BY MAGGIE PHILLIPS '17

Heart-breaking. Competitive. Transformative. These three words attempt to encapsulate the challenging season that saw unexpected loss, apocalyptic rowing conditions, and nail-biting racing. Entering the NCAA regatta, no Washington boat was undefeated. A sweep was certainly not on anyone's mind and Washington was not a shoe-in for the win in any event.

The night before the first day of racing, a storm blew through Indianapolis filling the race course with debris. Dump trucks and cranes were required to remove logs and branches. Racing was delayed for eight hours in the heats, two hours in the semis, repechages were eliminated and the order of racing was reversed for the Finals. "Windy Indy" lived up to its name.

Despite the delays, the racing was the most competitive ever. For the first time in history, five schools earned a spot in the A-Final in each of the three boat categories. Michigan, Ohio State, Stanford, Texas, and Washington each had an equal shot at the team championship.

The Varsity 8 race kicked off the final day and was electric from the start. With a strong tailwind on the course, all six boats maintained contact with one another throughout the race. Michigan was the early leader. As the boats reached the half-way point, Washington was in sixth place. Coxswain Marley Avritt said, "I knew that we had it in us, we just had to do something special." At the 1500-meter mark, Texas grabbed the lead and Washington moved into fifth place over California, and then one boat at a time, churned through the remaining crews in the field. In the last fifteen strokes the Husky bow surged into the lead, crossing the line in 6:07.284, a new NCAA record.



PHOTO: Alike Jenner

The Second Varsity 8 was next on the line. At the 500-meter mark, Washington was in second place, seven seats down on Texas. In the third 500, the Dawgs executed a move that pulled them even with the Longhorns. The Huskies took the lead crossing into the final 500 and won the race in a time of 6:11.262, another NCAA record.

The team championship waited on the results of the Varsity 4. Similar to the two Husky boats that preceded them, the Husky four crossed the 1000-meter mark in second place. By 1500 meters, Washington sliced through the waves and the field into first place, winning by nearly three seconds over Stanford in a time of 6:52.451, a third NCAA record.

As the four rowed back to the dock their teammates swam out to their boat singing the fight song. It was sheer joy and the perfect ending for a team that draws so much strength from its depth. Captain Marlee Blue said, "Having the racing order reversed and having the Four be the one to end the championship for us and win it all—that is the most meaningful thing. I think that's representational of our team."

Washington won the team championship with a perfect score of 132 points and the second sweep in NCAA history, the first occurring when Washington swept in 2017.

*"Everybody went on the water, not only pulling for the people in their boat and the people that are here," Coach Yaz Farooq said, "but for all of the incredible people back home who supported us this entire year."*



PHOTO: Scott Eklund

# Student-Athlete Accolades

## Collegiate Rowing Coaches' Association Scholar Athletes

*3.5 GPA or higher in a Conference championship lineup*

Tabea Schendekehl, Jr.,  
Dortmund, Germany

Amanda Durkin, Sr., Hingham, MA  
Carmela Pappalardo, Jr., Salerno, Italy  
Lark Skov, Jr., Steamboat Springs, CO  
Jennifer Wren, Sr., Seattle, WA

## 2019 IRA All-Academic Honors

Paolo Bifulco, So., Portland, OR  
Elliott de Bruin, Jr., San Francisco, CA  
Chase Deitner, So., Perth, Australia  
Ian Engstrom, So., Lincoln, MA  
Adam Gold, So., Seattle, WA  
Isabel Klein, So., Seattle, WA  
Madison Molitor, Sr., Moses Lake, WA  
Phillipp Nonnast, Sr., Frankfurt, Germany  
Carsten Rossen, Jr., Seattle, WA

## Collegiate Rowing Coaches' Association All-America

### 1ST TEAM

Sofia Asoumanaki, So., Athens, Greece  
Marlee Blue, Sr., Seattle, WA  
Tabea Schendekehl, Jr.,  
Dortmund, Germany  
Marley Avritt, Jr., Newport Beach, CA

### 2ND TEAM

Calina Schanze, Sr., Behlendorf, Germany



## All Pac-12 Team

Marlee Blue, Sr., Seattle, WA  
Ben Davison, Sr., Inverness, FL  
Chris Carlson, Sr., Bedford, NH  
Andrew Gaard, Sr., Madison, WI  
Madison Molitor, Sr., Moses Lake, WA  
Tabea Schendekehl, Jr.,  
Dortmund, Germany

## 2019 Academic All-Pac-12 Women's Rowing Team

### FIRST TEAM

Rachel McGlothlen, Jr., Spokane, WA  
Calina Schanze, Sr., Behlendorf, Germany  
Ava Trogus, So., Oak Park, IL

### SECOND TEAM

Marley Avritt, Jr., Newport Beach, CA  
Amanda Durkin, Sr., Hingham, MA  
Valentina Iseppi, Jr., Gardone Riviera, Italy  
Carmela Pappalardo, Jr., Salerno, Italy  
Jenna Phillips, So., Dayton, WA  
Tabea Schendekehl, Jr.,  
Dortmund, Germany  
Lark Skov, Jr., Steamboat Springs, CO  
Jennifer Wren, Sr., Seattle, WA

### HONORABLE MENTION

Sofia Asoumanaki, So., Athens, Greece  
Dana Brooks, Jr., Tiburon, CA  
Ellie Bruce, So., Snoqualmie, WA  
Klara Grube, So., Lübeck, Germany  
Adele Likin, Jr., Seattle, WA  
Emma Vagen, Jr., Kent, WA

## 2019 Academic All-Pac-12 Men's Rowing Team

### FIRST TEAM

Elliott de Bruin, Jr., San Francisco, CA  
Chase Deitner, So., Perth, Australia  
Ian Engstrom, So., Lincoln, MA  
Phillipp Nonnast, Sr., Frankfurt, Germany

### SECOND TEAM

David Bridges, Jr., Portland, OR  
Chris Carlson, Sr., Bedford, NH  
George Esau, Jr., Long Lake, MN  
Nick Everett, So., Brockville, Ontario, Canada  
Andrew Gaard, Sr., Madison, WI  
Adam Gold, So., Seattle, WA  
Harvey Kay, Jr., Nottingham, U.K.  
Michiel Mantel, Sr., Amsterdam, Netherlands  
Madison Molitor, Sr., Moses Lake, WA  
Austin Regier, Jr., Burien, WA  
Sebastian Ritter, So., Regensburg, Germany  
Carsten Rossen, Jr., Seattle, WA  
Kimmons Wilson, Sr., Orlando, FL

## Coaching Honors

Pac-12 Coaches of the Year:

Michael Callahan and Yaz Farooq

CRCA Region 5 Coach of the Year: Yaz Farooq

CRCA National Coach of the Year: Yaz Farooq

# Courts for Kids

This was Washington Rowing's second season working with Courts for Kids, partnering with local organizations and community members to build courts which will provide kids with the opportunity to play sports. Holly Drapp '21, Maddy Cope '21, Kinsey Eager '21, Men's Rowing Strength and Conditioning Coach Nic Higgins and Men's Rowing Academic advisor Matt Bannerman made the trip to Cambodia in June.



Holly Drapp '21 is 3rd from the left, and Kinsey Eager '21 is 4th from the right



*"Working on the Courts for Kids project in the village of Run Rueng in Cambodia was unlike anything I've ever experienced. Not only did it give us the opportunity to build a sports court for a community that lacks accessibility to sports facilities (something we are so blessed to have both at this school and in this*

*country), but it also provided us with an opportunity to build relationships within our UW athletics travel group, as well as with the community in Cambodia.*

*"Completely immersing ourselves in a culture so different from our own was a challenge in the beginning, but ultimately it enlightened us. The Cambodian people we worked with showed more resilience about a tragic past — and more work ethic into creating a better future — than any group of people I have ever met. The completion of the court was something we had all worked together to achieve side by side and being able to play on it together at the end was the highlight of the whole trip!*

*"It was especially amazing to witness the effect the finished project had on the girls at the school that the court was built at. Being able to see how they felt the same empowerment though sports that I do was something that I will never forget. Through this experience friendships were made and a love of sport was shared that transcended any cultural differences."*

— Holly Drapp, '21



## UNDER 23 WORLD CHAMPIONSHIPS:

**LOCATIONS:** Sarasota, FL, USA

**HUSKIES IN ACTION:** 25 athletes and Coaches Michael Callahan and Sergio Espinoza

**MEDALS:** 2 Gold, 5 Silver, 3 Bronze



PHOTO: Philip Gold



PHOTO: Merijn Soeters



## SENIOR WORLD CHAMPIONSHIPS/ OLYMPIC QUALIFIER:

**LOCATION:** Linz, Austria

**HUSKIES IN ACTION:** 20 athletes and Coach Yaz Farooq

**MEDALS:** 3 Silver, 1 Bronze

**BOATS QUALIFIED FOR TOKYO 2020 WITH DAWGS ONBOARD:** 10

# The Girls in the Boat

**The history of UW Women's Rowing reflects societal changes that formed the foundation for today's remarkable success**

BY TERESA MOORE

Back in the early 1970s, women rowers at the University of Washington held bake sales to raise money and changed their wet clothes in a port-a-potty next to a shack by the canoe house on Lake Washington. Still, they'd come a long way from the program's inaugural year in 1903, when proprieties of the time prohibited racing and instead judged young women on their technique and appearance.

UW Women's Rowing shares a storied history with "the boys in the boat," reflecting societal evolutions and decades of phenomenal success.

*"There have been a lot of changes, but what we love about rowing has stayed the same: The joy of being out on the water, the teamwork, the competition, the hard work," muses Jan Harville, a UW rower from 1970 to 1973 and a UW coach for more than 20 years. "It was all half-crazy then, but you just enjoyed it so much that it was worth everything."*

**HERE ARE SOME PROGRAM MILESTONES THROUGH THE YEARS:**

## Women's Rowing before the 'great war'

**1903** Women begin rowing as part of required "exercise" for all 631 students enrolled at the UW.

**1907** The UW hires Hiram Conibear as a trainer for football and track. Despite knowing nothing about rowing, he agrees to also coach men's and women's crew. Women's Rowing becomes an official University sport the next year.

**1911** Gym directors convince the UW President to abolish the program, proclaiming in a UW Daily editorial that women's crew races "are so plainly beyond the endurance of many of the girls that they are disgusting." The Daily later reports the action "was mourned by bitter tears." Women continue to row informally, relegated to barges instead of sculls "to avoid danger."



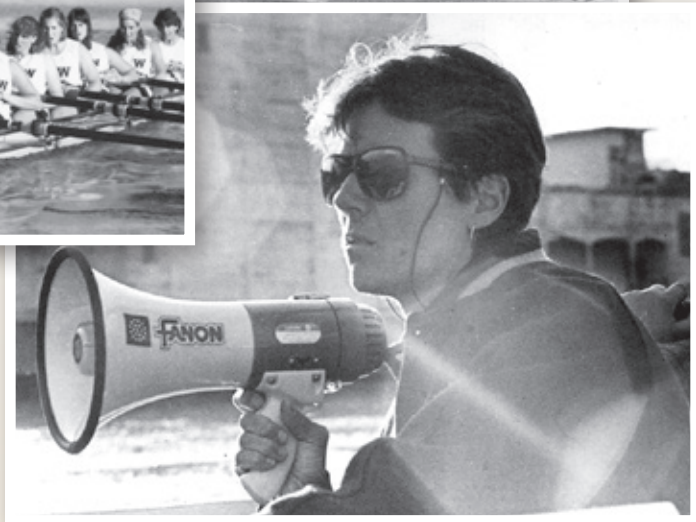
# A half-century gap finally ushers in a new era

**1969 – 1975** After an absence of more than 50 years, Women's Rowing returns to the UW as an intramural club sport.

**1972** Congress passes Title IX, which mandates equity in college admissions and programs for women, leading a few years later to the first scholarships for UW women rowers.

**1974** Coach Bob Ernst begins a 42-year career at Washington, earning dozens of rowing championships for men and women, including an unprecedented five-year streak of women's varsity eight national championships in the 1980s.

**1977** The Varsity Boat Club, established in 1910 as an alumni group for UW Rowers, opens membership to women.



**1980** Jan Harville, one of the first UW women rowers to compete in the Olympics, becomes an assistant coach under Bob Ernst and, from 1986 to 2003, the team's first woman head coach.

**1980s** The UW Women bested the nation by winning varsity eight national championships in 1981, 1982, 1983, 1984, 1985, 1987 and 1988.

**1997** Women's Rowing is sanctioned as an NCAA sport. The Huskies go undefeated for the season and win the national championship in its inaugural year. In 1998, they do it again. In 2016, the Pac-12 names the 1997 UW women's eight as the Pac-12 Crew of the Century and Jan Harville as the Coach of the Century.

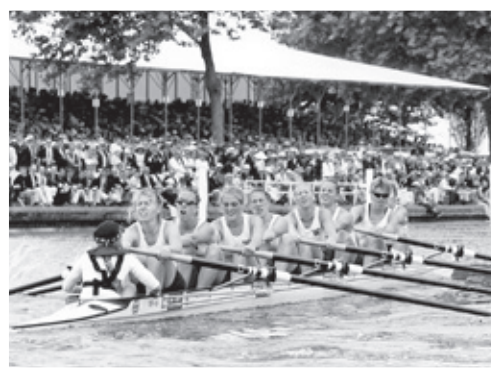
# New century, new accolades

**2000** UW wins the first competition for women at the Henley Rowing Regatta, the world's most prestigious rowing competition.

**2001 – 2016** Washington wins its 3rd NCAA Championship in 2001 as well as the 1st and 2nd varsity eights at the 2002 NCAA's. In 2008, UW's varsity four tops the NCAA field. In this 15-year stretch, UW claims Pac-10/Pac-12 conference titles in 19 individual boat classes.

**2017** In her first season as head coach, Yasmin Farooq leads the UW to an NCAA championship as the first team in the 21-year history of the NCAA regatta to sweep all three grand finals.

**2019** After winning a third straight Pac-12 title under Yaz, Washington again sweeps the NCAA championships and sets the NCAA record in all three boat classes.



# The Girls in the Boat

# Dear Friends,

As the new school year begins, the nostalgia of the past season floods back, with memories of victories and hard fought races, and one theme rings strong:

It's a great time to be a Husky!!!

The athletes and coaches of our hallowed program were tested to the very core in 2019, and they showed their true grit and trust in one another to prevail. Each athlete was challenged by Blake Nordstrom's motto "Extend Yourself," and each of them did!

Our rowers know that they not only have their teammates, but they have the constant and deep support of you, our Husky Rowing family. There is no doubt that the team is able to dig deep when they have the commitment of each of you, year after year, providing mentorship, enthusiasm, and financial support.

You, the Stewards of Washington Rowing, are ever-present on the shores cheering the team on in full Husky fashion. The Stewards Enclosure on the Cut at Opening Day saw record numbers greeting our winning boats as they crossed the finish line, while the nearby gear sales, also managed by Stewards, added to the team coffers and helped blanket the Cut in Purple. For the many of you who made the trips to Sacramento, Las Vegas, San Diego or Indianapolis, know that our student-athletes relish your participation. What other team has a traveling bagpiper in their fan base?!

The outreach to the alumni and friends has never been stronger, with numerous opportunities to enjoy, celebrate, connect and support. If you haven't made it to one of these events, it's time to join the fun:

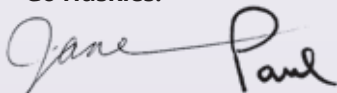
- The Fourth Annual Husky Tailgate before the UW-USC football game welcomed current and alumni rowers.
- The Husky tent at the Head of the Charles, sponsored by Charlie Clapp, is an annual event and an oasis for alums in the heart of the racing action.
- The Turkey Trot, though a team event, welcomes Alumni each year to battle the hills of Laurelhurst.
- The women's annual Alumnae Brunch in February bonds four-plus decades of Washington women together.
- In the Spring, the Class Day Cruise, the Washington Rowing Banquet, the Alumni row, and the Class Day Barbecue kick off the Championship season.
- The Opening Day Stewards' Enclosure and Gear Sales bring everyone back to Conibear and the Cut for the Windermere Cup and the official opening of boating season in Seattle.

This year donations to the Annual Fund and Special Projects exceeded our goal substantially, raising \$993,194 through gifts both large and small. This bittersweet achievement was in part due to the many thoughtful gifts made in memory of Blake Nordstrom.

Additionally, the first annual Husky Giving Day saw a whopping \$65,000 raised in one day, more than any other Varsity sport! Many of these donations came from first time donors, and many were young alumni. We are equally grateful for the many donors who contribute to the 35 rowing endowments which ensure long term sustainability of the program.

Thank you, thank you, for ALL of your support! Please know that you remain a vital part of the Washington Rowing family, and our inspired student-athletes appreciate all that you do for them, as well as the history you continue to help create.

**Go Huskies!**



**Jane Powers and Paul Ramsey**

CO-CHAIRS, BOARD OF WASHINGTON ROWING STEWARDS



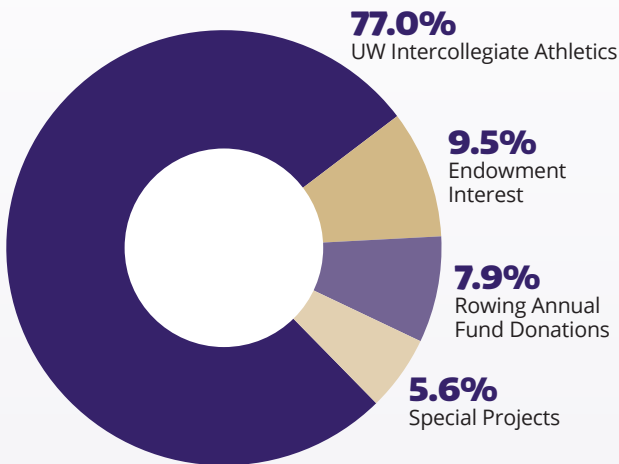
I am so very truly grateful for the leadership of Trevor Vernon, Co-Chair of the Board of Rowing Stewards. Trevor saw us through so many changes and was steadfast in his guidance and support. I am pleased to introduce our new Co-Chair Paul Ramsey, a fellow rower and CEO of UW Medicine, and look forward to working together with him!

— Jane

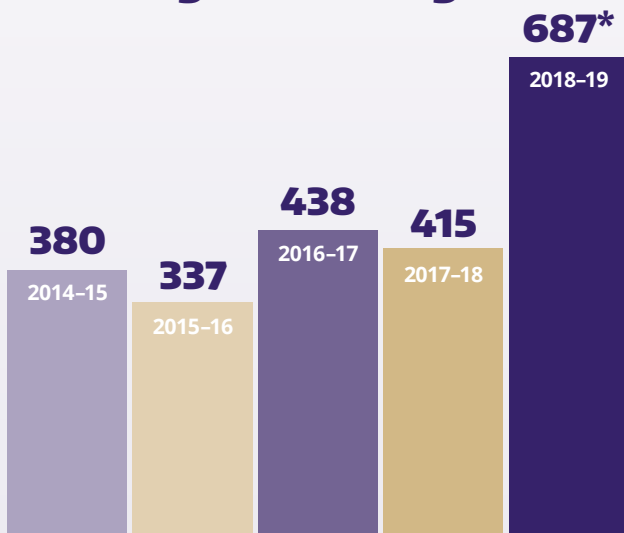
# HUSKY POWER: Your Donations in Action!

All numbers represent our last fiscal year, July 1, 2018-June 30, 2019.

## Rowing Funding Sources

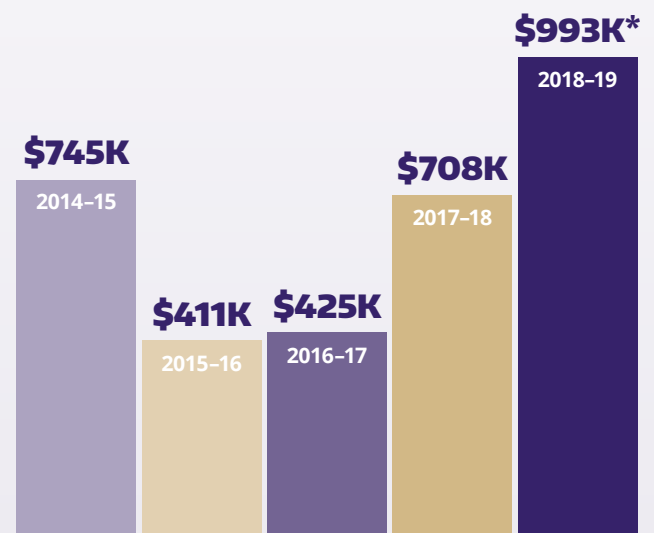


## Washington Rowing Donors



\*Includes donations in memory of Blake Nordstrom

## Annual Fund Donations



\*Includes donations in memory of Blake Nordstrom

### YOUR DONATIONS MAKE A DIFFERENCE!

Giving to the Annual Fund provides unrestricted funding that allows Washington Rowing to tackle its greatest needs. Gifts to this fund allow us to provide the best possible experience for Washington Rowers like scholarship support, recruiting, student-athlete wellness and cutting-edge equipment and other special projects that make Washington Rowing the program we all love.

Thank you to the  
**789 donors\***  
who contributed  
**\$2,577,253**

\*Numbers include donors who contributed to the rowing annual fund, endowments, equipment and other special projects.

# Washington Rowing Endowments

Endowment donors establish sustaining sources of scholarship and program funds that last through time. Endowments preserve the principal and use the interest from invested funds to cover the costs of program needs and the costs of annual scholarships — the single biggest expense for Husky Athletics. We are deeply grateful to all of our endowment donors.

## Charles M. Applegate Crew Endowment

Applegate Endowed Women's Rowing Scholarship

James and Marjorie Beardsley Scholarship Endowment for Husky Crew

Doug and Nancy Boyden Men's Rowing Endowed Fund

John D. Bracken Scholarship Fund

Class of '67 Men's Crew Endowed Fund

Class of '76 Endowed Men's Crew Scholarship

Class of '82 Scholarship Endowment for Men's Rowing Crew Scholarship and Contingency Fund

James S. and Elree Eagleson Crew Endowment

Dick Erickson Endowed Crew Scholarship

Fowler Family Men's Rowing Endowed fund

Wayne E. and Stella S. Graham Crew Endowment Fund

Jan and Dan Harville Endowed Women's Rowing Fund

Chuck Holtz Endowed Men's Crew Scholarship

Hughes Family Endowed Women's Rowing Scholarship

John W. and Rosalind Jacobi Endowed Men's Crew Scholarship

Clarence B. Lafromboise Men's Crew Endowed Scholarship

Jean K. Lafromboise Scholarship for Men's Crew

## Michael S. Lafromboise Memorial Fund

Carl and Louise Lovsted Endowed Scholarship

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The Kari Osterhaug Endowed Scholarship for Women's Crew

Ron and Jayne Ranheim Men's Rowing Endowed Fund

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Jon Runstad Endowed Scholarship for Men's Rowing

Slepyan Family Endowed Crew Fund

Alison and Brian Urback Crew Endowment

Willard Wakeman Endowed Men's Crew Scholarship

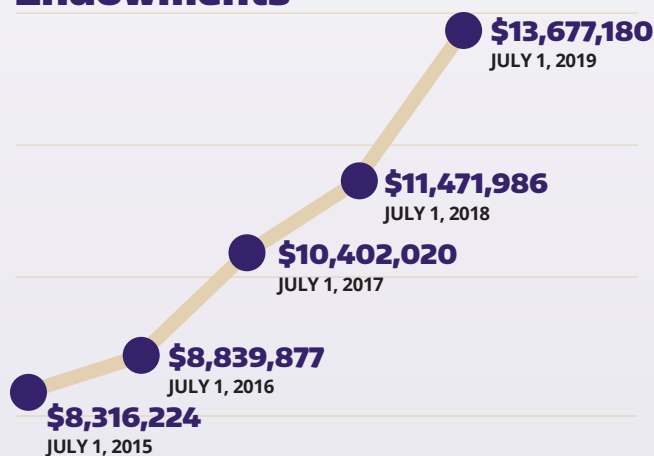
Washington Rowing Stewards Endowment

Wilkerson Family Scholarship Endowment for Husky Athletics

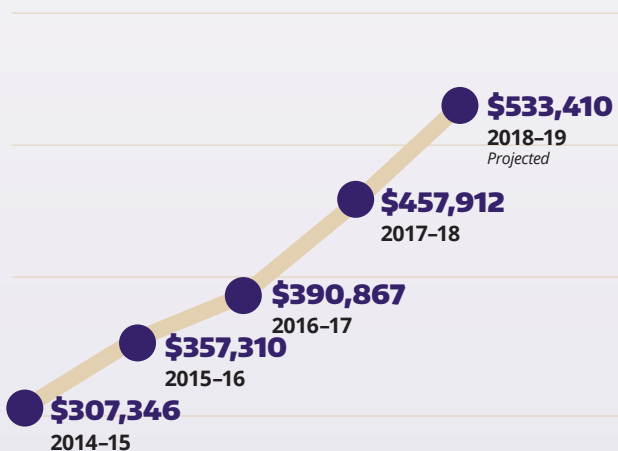
John W. Zevenbergen Jr., Endowed Scholarship for Men's Rowing

If you are thinking about establishing an endowment and would like more information, please contact **Bryan Beals** at 206-221-8210 or [bbeals27@uw.edu](mailto:bbeals27@uw.edu).

## Market Value of Washington Rowing Endowments



## Annual Endowment Payout



## FOREVER WASHINGTON: YOUR LEGACY. YOUR HUSKIES.

Your dedication to Washington Rowing may last a lifetime, from youth to career to retirement. By participating in Forever Washington — a giving program for those who remember University of Washington Athletics in their wills or estate plans — your Husky spirit can live on as an enduring personal legacy. Learn more at [ForeverWashington.com](http://ForeverWashington.com)

# Fiscal Year Donors

**JULY 1, 2018 – JUNE 30, 2019**

Lists include donors who contributed to the rowing annual fund, endowments, equipment and other special projects.

## World Champions (\$10,000+)

Douglas & Nancy Boyden

Megan Callahan

Christian Dior Perfumes\*

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D & G Charitable Fund

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## National Champions (\$5,000+)

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True North Family Foundation

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Charles Yates\*

**Thank you to the  
614 donors  
who contributed  
\$379,218  
to the Annual Drive**

**Thank you to the  
175 donors  
who gave  
\$343,116  
in memory of  
Blake Nordstrom**

\*Thank you to the donors who gave in memory of Blake Nordstrom.

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Virginia & Charles Schluter	Dennis & Joanne Steinman
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Beverly & L. Kenneth Schoenfeld	John & Elizabeth Stillings
Kristian Schonberg	David & Sharon Stoltenberg
Dianne & Eric Schooler	Michael & Ann Stoner
Ryan & Patricia Schroeder	Michelle Stowell (D)
Marc Schuil	Robert Stowell
Christine & Bruce Schwager	Carla Stratfold
Jason Scott	Dianne Strickler*
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 Andrew Zagars  
 Nicole Zarrella\*  
 Gregory Zinter\*  
 Zola Mehlomakulu

## 2018–19 Annual Fund Donations by Level

**TOTAL: 687**

**17** World Champion  
 (\$10,000+)  
**32** National Champion  
 (\$5,000+)  
**128** Coaches Club  
 (\$1,000+)  
**510** Steward  
 (up to \$999)

We strive for accuracy in our donor lists and apologize for any errors. Please contact Bryan Beals at 206-221-8210 or bbeals27@uw.edu if you have any questions or concerns.

\*Thank you to the donors who gave in memory of Blake Nordstrom.

## BOARD OF ROWING STEWARDS

# 2019–20 Board of Washington Rowing Stewards

**Betsy Beard-Stillings**

*Opening Day Stewards Enclosure*

**Andrew Beaton**

*Secretary, Outreach Men (2000–present), Class Day BBQ*

**Cindy Biles**

*Outreach Women '70s through '90's and recent grads*

**Noelle Broom**

*Outreach Women (2000–present), Class Day BBQ*

**Charles E. Clapp III**

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**Eric Cohen**

*Team Historian, Gear Sales*

**Alan Erickson DDS**

*Regattas*

**Alan Forney**

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**Howard Lee**

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**Charlie Malley**

*Alumni Tailgate*

**Dwight Phillips**

*Class Day Cruise, Treasurer*

**Bill Pitlick**

*Database, Outreach men pre-1970*

**Jane Powers**

*Co-chair, 2015–present*

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*Honorary*

**Paul Ramsey**

*Co-chair, 2019–present*

**Jon Runstad**

*Honorary*

**Frederick V. Schoch**

*Honorary*

**Sabina Telenska**

*Women's Alumnae Rows, Foreign Alumnae Outreach*

**Trevor Vernon**

*Co-chair, 2015–2019*

**John Vynne**

*50 year reunions*

## MISSION OF THE WASHINGTON ROWING STEWARDS

The Washington Rowing Stewards, through an active presence of alumni and friends of the program, work to connect and inspire our community to support and promote the men's and women's rowing teams at the University of Washington.

## MAKE A GIFT

Give online at [www.WashingtonRowing.com](http://www.WashingtonRowing.com) or contact the Tye Club at **206-543-2234**.

## VOLUNTEER — WE WANT YOU!

Are you looking for a fun and meaningful way to get more involved with Washington Rowing? Volunteers are integral to the success of the program. We are currently recruiting volunteers for the 2020 season.

Our area of greatest need is race day operations which requires upwards of 50 people to support each event. Assignments



include using an iPad to time races, being a stake boat holder at the starting platform, helping spot finish order at the finish line, being a finish line flagger, and safety/driving (monitoring the warm up area, assisting with get back/row backs, driving a referee launch).

Most of the volunteer positions require no previous experience.

To be considered to be a launch driver you must have previous coaching or boating experience and attend a "training" during a Ham n Egger. It's a great way to have an "all access" pass to UW races and see them from a different perspective.

Contact **Julia Paulsen**, Director of Operations, at [juliap44@uw.edu](mailto:juliap44@uw.edu) or **206-543-1117** for more information.

## Adrian Dahood-Fritz '01: Coxswain and Researcher

BY YAZ FAROOQ



Adrian Dahood-Fritz '01 graduated from the University of Washington with a Bachelor of Science in Fisheries Science and a Bachelor of Science in Zoology before earning a Master of Science from Texas A&M University.

As a freshman Adrian competed as the coxswain of the Men's Second Varsity Eight, guiding the boat

to silver medal finishes in the Cascade Cup at Seattle's Opening Day Regatta and Pac-10 Rowing Championships, and at the IRA national championship regatta.

As a sophomore, she won the Schaller award for the highest grade point average on the Men's Varsity Rowing Team and steered the Men's Varsity Four to a gold medal at the Pac-10 Rowing Championships.

Adrian went on to become an incredibly accomplished scientific researcher. Adrian was passionate about Antarctic conservation and helped establish and manage Antarctic specially protected areas and Antarctic marine protected areas. In 2016 she won a polar photo contest for her image of Gentoo penguins porpoising in Antarctic Sound.

In true Husky fashion she was fantastic at both her work and forging relationships across the globe.

After earning her PhD from George Mason University, Adrian joined the Ocean Protection Council, and helped lead California's efforts to manage marine protected areas.

In her spare time, Adrian enjoyed snowshoeing, SCUBA diving and traveling.

Tragically, on Labor Day 2019, shortly after celebrating her 40th birthday, Adrian passed away in the Conception dive boat fire off Santa Barbara, California, on a 3-day SCUBA diving excursion to experience the marine life of the Channel Islands. She was with her husband, Andrew, a photographer and computer science graduate, who also did not survive.

Adrian embodied much of what we value as a Husky family including athletic and academic excellence, community and environmental stewardship. She will be deeply missed.



## Malcolm Lindquist '72: A "Fighting Lightweight"

BY DWIGHT PHILLIPS



More than 400 family members, friends, and colleagues gathered at the ASUW Boathouse to honor the memory of Malcolm Lindquist '72.

A member of the legendary "Fighting Lightweights," Malcolm was a catalyst who rowed in the 5-seat of the crew that produced back-to-back undefeated seasons and three West Coast Championships. They

were a well-coached, well respected rowing force and they became a welcomed part of the entire UW men's rowing program.

Malcolm's teammates dubbed him a "Classic." He came to the UW as a good all-around "athlete" with no prior rowing experience, like many during that era. He earned a double major in Latin and, of course, The Classics.

After graduating he was recruited to teach Latin and history at Howey Academy near Tampa, Florida—and to coach the rowing team (boys and girls). At the time, Title IX was creating more opportunity for young women, and Malcolm seized the chance to provide them with the platform to succeed through the sport he most loved.

After graduating from law school, Malcolm returned to the Pacific Northwest and became a nationally recognized attorney in a niche field of commercial finance. He was inducted into the American College of Commercial

Lawyers as its first fellow from the State of Washington.

Malcolm excelled at everything he did: rowing, cooking, coaching, and telling the timely joke. In the truest sense Malcolm was a **Classic** family man.

He and Sandra, his wife of 45 years had two children, Regina and Kristofer, and five grandchildren.



# Friendships Forged in 1936 Olympic Re-enactment Row

BY ELMO CARCANO '17

**W**e all know the story of “The Boys in the Boat” with our glorious ancestors winning gold in the 1936 Olympics over Italy (silver) and Germany (bronze).

In Berlin, the US crew was represented by the students of The University of Washington, while the Italian crew was comprised of fishermen and port workers from Livorno, a city on the Tuscany coast outside Florence.

This past June, the Livorno rowing club, called Unione Canottieri Livornesi, celebrated 100 years of sport activity. For the occasion they invited a crew from UW for a friendly rematch of the 1936 Olympic race. Fourteen former UW rowers with current women's head coach Yaz Farooq flew to Italy to represent UW and the United States for a 3-day trip of rowing and cultural exchange.

There were many similarities between the history of UW and Livorno (which translates to “Leghorn” in English). For both the teams, this event commemorated this unique moment in sporting history. The boat that the Livorno rowers used to practice before the Olympics is preserved and on display at a museum, just as the Husky Clipper is on display in the Windermere Dining Hall at the Conibear Shellhouse.

Even though the racing result was not the main aim of the event, racing and wearing the “W” uniform outside the US border had its own special role and inspiration. The race ended with UW “confirming” its gold medal by outsprinting Livorno in the last 200m and winning by 1/3 of a length in front of family and friends of both UW and Livorno, along with local authorities including the Mayor of Livorno and the President of the Tuscany region.



The event went beyond the actual race and was a great celebration of history and memories, and included descendants of the Italian Olympians. In addition to the Livorno Rowing Club, each of the eight neighborhoods of the city has its own rowing team and its own small boathouse built into the walls of the canals, making rowing one of the main sports in the city.

The night before the race we took part in a celebratory dinner at which Stuart Sim (UW Coxswain '17) took the stage and shared Washington's history from Conibear and Erickson, up to the current successes of our men's and women's teams.

We know that rowing brings us together, and we see it every year at our Alumni Barbeque and VBC banquet where Husky alumni reunite. However, the Livorno-Washington reenactment took the power of rowing one step further, reunifying rowers from two different countries more than 80 years after their first match up.

In 1936 Washington and Livorno fought to the line for gold. In 2019 we raced again representing our respective traditions, and learning about the backgrounds and history that brought two amazing crews together on the Olympic stage.

**WASHINGTON ROWING STEWARDS**

University of Washington Box 354070  
Seattle, WA 98195-4080 USA

# ROWINGU

## 2019-20 Washington Rowing Schedule

RACE/EVENT	EVENT DATES	LOCATION
Head of the Charles (Men/Women)	10/20/2019	Cambridge, MA
Princeton Chase (Men)	10/27/2019	Princeton, NJ
Head of the Lake (Men/Women)	11/3/2019	Seattle, WA
E-Erg Race vs. Netherlands National team (Men)	1/29/2020	Seattle, WA and Amsterdam, Netherlands
Canada National Team Scrimmage (Men)	Feb, 2020	Shawnigan Lake, Canada
Lake Las Vegas I (v. USC) (Women)	2/29-3/2020	Henderson, NV
Class Day (Men/Women)	3/21/2020	Seattle, WA
Washington State Dual (Men)	3/28/2020	Pullman, WA
Husky Open (Men/Women)	4/4/2020	Seattle, WA
San Diego Crew Classic (Women)	4/4-5/2020	San Diego, CA
Stanford Invitational (BU, Northeastern)	4/4/2020	Redwood Shores, CA
Oregon State Dual (Men)	4/11/2020	Seattle, WA
Stanford Dual (Men)	4/11/2020	Seattle, WA
Las Vegas Invitational (Women)	4/18-19/2020	Henderson, NV
Cal Dual (Men/Women)	4/25/2020	Redwood Shores, CA
Windermere Cup (Men/Women)	5/2/2020	Seattle, WA
Pac-12 Championships (Men/Women)	5/17/2020	Gold River, CA
NCAA Championship (Women)	5/29-31/2020	Oak Ridge, TN
IRA Men's National Championship (Men)	5/29-31/2020	Mercer Lake, NJ

## WashingtonRowing.com

For more information on receiving SWEEP, to submit story idea or to update your contact information, please contact Julia Paulsen at [juliap44@uw.edu](mailto:juliap44@uw.edu) or 206-321-6580.